

24th may 2016

BUBBLE OF PERCEPTION (THE)

The bubble of perception relates to what we perceive with our 5 senses and corresponds to the visible world. It reflects/represents perfectly our beliefs (conscious or unconscious) that manifest in our environment.

Given that a baby's or small child's bubble of perception is not yet totally constituted, this permits him to still see the invisible worlds. Once adult, conditioned by the norms and the beliefs of society and education, he will persuade himself that this invisible world is an imaginary world and while growing and developing himself, will gradually lose his natural faculties to perceive the tangible reality of other worlds that surround us.

This bubble corresponds therefore to our representation of the world such as we have learned to perceive it and not such as it really is. On a daily basis, in "the universe of our dimension of consciousness", our perceptions are limited precisely by this shell of the 3rd dimension that constitutes our matrix, our own imprisonment. As long as it is not cracked, **this dimensional shell stops us from seeing the reality of the world such as it is, that is to say hyper-dimensional**. It behaves like a mirror that sends us back uniquely the reflection of our own conditionings of the 3rd dimension.

This implies therefore that as long as people are taken up by their limited beliefs of the 3rd dimension, they can only perceive and see the 3rd dimension and stay in the illusion. And it is for example for this reason that few people talk about experiences with dark Shadows, simply because they have not yet started piercing their dimensional shell constituted by their daily 3rd dimension.

The illusion is a distortion of the reality and possesses a power of fascination that makes it easy to believe and to be taken in by the representation that it is suggesting to us.

Piercing the shell can only be achieved by an increase in "experienced knowledge" permitting in turn a modification of the assemblage point, according to the teachings of Don Juan Matus. This theme is developed in [La Connaissance pour guerir](#)

In relation to this bubble, Carlos Castaneda relates in the "Tales of Power": *"The sorcerers say that we are inside a bubble. It is a bubble, into which we are placed at the moment of our birth. At first the bubble is open, but then it begins to close until we are sealed in. That bubble is our perception. We live inside that bubble all of our lives. And what we witness on its round walls is our own reflection."*

On this subject see: ["Dialogues avec notre Ange n° 37"](#)