



**Greys, another facade of the reptilian plot**

**& The divine lie of Christmas and the legend of Jesus**

**& The door of stars to leave this world**

**& DMT, Sugars and psychomantheum**

In this paper which will resume briefly the same guideline as the precedent, we will go even more resolutely in the analysis of the dimensional change which is emerging. We found that many of presumed researchers of the truth, because they participate to reveal a piece of the transdimensional plot of the reptilian empire, already imagine that they won their place in paradise. However, we must understand that the transdimensional predation is not only reptilian, it is much more vast and perverse that we could think of it. This one is not more than a facade, because the reptilian empire is well and truly on the way of decline.



The Lords of entropy always possess the capacity to return to the past of humanity, as in its future, by using cybergenetic probes which we know under the appearance of the "Greys".

They can penetrate and maneuver in the human space-time. And whatever we can think of it, they always know at their advantage and thanks to their bio cybergenetic technology, how to make dice every time human beings dig up a piece of their plots.

Let us specify that there is a large variety of "Grey". These entities, supposedly without Souls, have been created thanks to genetic-engineering by the reptilians, whose objective was to use their bodies as receptacle for their reptilian Soul.

Given that Greys can travel from a dimension to another or from a density to another and remaining there physically, the spirit of the reptilian predators who use their body can also change of reality, by adopting the reality that perceive the Greys.

These cyber-probes *-sorts of biological robots-*, also possess the capacity to penetrate the human mind, to paralyze and take over their thoughts. They know how to take the appearance

which the human beings expect of them, to hinder their movements and by this guile, take away their vital energy. Conceived to allow the reptilians to keep control of the 3<sup>rd</sup> density, their objective is to prevent the transition of humanity towards the 4<sup>th</sup> density. They work as mental and psychic projections of the reptilians.

Nevertheless, a good many of them became autonomous by escaping the control of their reptilian masters and continued their own evolution by acquiring a form of artificial but sovereign intelligence. By developing a Soul group, such as ants, they acquired an imprint of Soul and a consciousness of community. These entities then eventually rebelled against their reptilian creators of the old empire.



*Reptilians of the old empire or Lizzies*

Partially freed from the reptilian domination, some among these Greys even acquired the capacity to transfer their "embryos of Soul" in a human body, to continue to evolve through a human cycle. They are the organic portals which constitute nearly-half of the current humanity, whose handful of them kept the power to travel in the various densities of space-time and to manipulate it. In some rare cases, through the progressive evolution of their embryo of Soul, some of them contracted a full Soul and then managed to progress from the human being of 3<sup>rd</sup> density to that of 4<sup>th</sup> density in the "Service to Others-STO".

Here is moreover in this connection the video which should give food for thought :

<https://www.youtube.com/watch?V=Lzk0Jh4ODjU> (French)

<https://www.youtube.com/watch?v=NcvVzXzzJZk> (English)

Obviously, by hearing the speech of the Russian Secretary, mister Medvedev, about the presence of Aliens on Earth and who announces on this video : "*I am not going to tell you how many of them are among us because it could cause a panic*", we could expect to see "real life extra-terrestrials" ! While in reality, these entities project their Soul in a human body, which represents their vehicle, allowing them to move and to act in the 3<sup>rd</sup> density. This vehicle which they use could be the physical body of a relative, a close friend... unconscious "to be possessed". From our experiences, we support this hypothesis.

Nevertheless, as the universal Consciousness always presents a counterparty to its entropic part, it had also created the real Man possessing the Wisdom. (*The one that we could call from now on the **galactic human being or "STO"**. He will be the one having found all his transdimensional capacities and will populate our world and galaxy in a new future*).

So, with all the support that proposes us the coalition of the "STO"forces at the service of the Universal Source, **the real or galactic human being having developed his Soul, remains**

**the only Being "naturally capable" of acting or of operating on the physical plan of his 3<sup>rd</sup> density, to deliver the latent transdimensional functions registered in his DNA.** (Whereas the reptilians and their biological cyberprobes -Greys-, will always need a technology to change density.)

The expansion of consciousness which the human being realizes by means of his internal work and of the research for Knowledge, should allow him **to read the new reality** proposed by his superior Consciousness.

He will then begin to perceive what was previously invisible, impalpable and non-existent to him. And the more he will persevere in his quest, the more this "invisible and impalpable" will become tangible and concrete.

It is thus to direct the future human beings "STO" on their legitimate progress to dismantle all their beliefs, that certain individuals work assiduously to change their own daily reality by deconstructing their customs, religions, habits, traditions, beliefs, duties, obligations **opening then breaches on new realities.** These pattern of thoughts, now obsolete, **were unmistakably mechanical and behaviour programmed by the entities of 4<sup>th</sup> density,** which infinitely chained humans to the "STS" matrix of 3<sup>rd</sup> density.

These mechanical behaviours as for example **traditions** -according to Wikipedia- indicates the continuous transmission of cultural contents through history since a founding event or an age-old past (of the Latin *traditio, tradere*, of *trans* "through" and *dare* "to give", pass on to another"). This immaterial inheritance can constitute the vector of identity of a human community. In its absolute sense, tradition is a memory and a project, in brief a collective consciousness : The memory of what was, with the duty to pass it on and to enrich it. <https://en.wikipedia.org/wiki/Tradition>

**Would not it mean that habits, traditions, customs, obligations are only immortalizing the past in the future, contributing in this way to maintain the matrix of 3<sup>rd</sup> density in place ?**

We strive continuously to deconstruct all our programs handcuffing us to this matrix so that the echo of our new vibratory frequency can offer humanity the possibility of knocking down this Machiavellian system from the inside, by tracking it down within our DNA, way beyond its visible functions. These programs were implanted in the human DNA by transdimensional predators far more deceitful than Annunakis.

**Then why do we insist on the term "program" ?**



It is about nothing else than **the excessive mechanization** of life of the human being which in its everyday life **operates only by automatism,** because it is necessary, because it's good, by convention, out of a sense of duty, by obligation, by morality, by guilt, to do like the others,... all this not to be pointed as the black sheep which would want to go out of the herd.

On this matter, Grudge, quoted by Ouspenski, expressed himself in these terms :

*"No work of the fourth way [the STO path] requires a mechanical help. **Only a conscious work can be useful, in all the doings of the fourth way. The mechanical man cannot supply this conscious work.**"*

**In other words, as long as he remains subservient to a mechanical or technological mode, the man does not use his innate capacities, his intelligence, his intuition.**



*(Like the GPS guide which deprives us of developing our sense of direction)*

To endow humanity with the free energy would dip it back inevitably into the maze of a new life of automated existence, which would only be a weak replica of our current industrialized society. We shall develop this subject later.

\* \* \*

After these few years of dialogues with our Angel, we were finally warned that **our "Service to Self-STS"World, was experiencing its last convulsions** and was irreparably carrying towards extinction.

*- We distinguish the "STS" World from the "STO" part of the World which is, for the moment still, under its potential and fictitious shape, because the latter is still far from being stabilized in its new reality and will be only after the adversities and the official institution of the New World Order. We shall also develop this subject gradually. -*

**As during every end of cycle, our planet has begun to sink again into dismay and incomprehension, certainly because of the savagery of its predators but **ESPECIALLY BECAUSE OF THE RECURRING AND STUBBORN IGNORANCE OF ITS INHABITANTS.****

**Would the errors repeat themselves in the History of the Earth ?**

It would seem so ! Because altogether, most human beings have still not learned their lessons and even less understood them !

How many people continue to celebrate Christmas or are still persuaded that baby Jesus was born in a Christmas nursery ?

*(Moreover, we celebrate neither Christmas, nor the New Year, or birthdays, or any other rite or celebration, subjected to the "STS" matrix whose occult reasons -which we discovered-, were skilfully hidden and disguised from us.)*

Not only many continue to believe it but even if they do not really believe in it any more, immortalize these traditions by family obligation, for fear of not doing like everybody, by attachment, guilt, habit, to make the businesses working (see dialogue 38). These traditions based on a tissue of lies and secular propagandas suggested by the "STS" of 4<sup>th</sup>density, serve

finally only to be proud of false politeness, to flood us under presents, to fill us up with cakes, with sweets of all kinds ([see dialogue N° 41](#))... All these false appearances, only to fill us the belly in family -and to continue in passing to poison ourselves mutually with carbohydrates- and to feed unconsciously the energy in a transdimensional way, the predatory caste of 4<sup>th</sup> dimension.

For them too it is a holiday, right ? (*let us listen carefully to the words*)  
[https://www.youtube.com/watch?V=nQAB3Zicm\\_M](https://www.youtube.com/watch?V=nQAB3Zicm_M)

Do we finally perceive the way which uses the transdimensional predation to maintain us in the perversion of Our World ?

Because it is Christmas, because baby Jesus was born on December 25<sup>th</sup> in a Christmas crib between the ox and the grey donkey, as taught us the former priests. Nonsense !!!



Whatever is said, the centre of thoughts of 4<sup>th</sup> density "STS" always holds well and truly the reins of artifice, hypocrisy and human foolishness !

Christmas and the New Year are both celebrations which at every end of year renews the contract which dip back the ignorant, the fearful, the tepid and the lazy people into the matrix of the "STS" entities. The inverted magnetic matrix of our world which the Annunaki gods propose to humanity and which most of humans by tacit renewal sign with the "non-god AN<sup>1</sup>", authorize them to hold them prisoners in Plato's cave !

And to say that people keep taking pleasure in it ...

No-EL<sup>2</sup> [https://fr.wikipedia.org/wiki/El\\_28dieu%29](https://fr.wikipedia.org/wiki/El_28dieu%29) (that is the non-God "AN"), **suggests us at every end of the year to choose** because the fateful term of the big break and of dimensional change -*the moment of the separation between Worlds*- slowly but surely, becomes clearer.



- 1 Translator Note : Pun between AN (« year » in French) and AN, another name for YAHVE, a reptilian master. (For more information, see Anton Park's works)
- 2 No-EL : No-God and Noël: Christmas

**But for Heaven's sake ! When will human beings be fed up to suffer, to have pain ?  
When will they finally decide to make a step to go out themselves of their confinement in  
the matrix ?**

Obviously, it is much more comfortable to say to oneself : "that's how it is, that's life ..." or worse still, to consider oneself to be "love and light" by staying in denial and blame it on the governments, the psychopaths, the Mind Control, the Wi-Fi, the EDF-Linky meters, chemtrails, Monsanto, unemployment... or to protest in the streets. It is much easier to express its rabies on the social networks, to spread emotional sound there, to shout its hatred there, to involve others... **instead of deciding to try to understand the legitimacy of this secular trap and especially how to get out of it.**



**Every individual is responsible for himself and his life because he is himself the creator - and generally unconscious to be -, of his moments of misfortune as his moments of happiness.**

**He is profoundly a manager of all which happens in his life, as long as he remains in it involved by keeping his blinkers, and as long as he will try to fight in his life with a dualistic ideology of good and evil.**



*"Is there anyone?"*

And nevertheless the "STS", personifying at the moment the extreme energies of the evil and good on Earth, become our teachers **only and only if** we supply the effort to go to the conquest of the Grail, Knowledge.

It is the **unique way** for us to go out of it in our World. And it is this quest that we already began since more than decade and that little by little, through our experiences and our understandings, we share only with our most diligent and passionate readers, because the "love and light" and the "rebels of society", broke up with us for ages.

That is why for some time already, life on our planet is marked out by signs revealing the imminence of the big change which will take forms of a disaster for some or an extraordinary revival for others !

It is thus up to each of us to understand how to do because it is by no means a question of wanting to change the evil in good as would make an alchemist, who, provided with his melting pot, would try to transform lead in gold. Because one of the component of the alchemical equation expresses itself only in the very nature of Man and without it, the chemical substances to carry out the Great Work would not harmonize themselves.

**It is a real alchemical transformation which does not concern either lead nor gold, but the totality of our genetic programs.** And it is what the real alchemists, the rare ones who achieved the Great Work, left in a coded way in their hermetic writings so that they do not fall into the hands of ordinary readers. They let us a procedure to discover according to the progress of our own internal alchemy : **That of the delivery then the metamorphosis of our DNA.**

The real human being must acquire the strength to provide himself with a real magnetic power so that he becomes capable of attracting and solidifying invisible astral elements *-the waves and particles-* in four bodies which he invests : The physical, genetic, spiritual / etherical body and that of the Consciousness, which determine four components of the human manifestation in 3<sup>rd</sup> and 4<sup>th</sup> density.

**This internal alchemy has strictly nothing to do with the ideology "love and light", or with the cities of light, or with the notion of good and evil.** It is once again about something quite different ! Beginning to accept that Man does not think by himself but that he is under the supervision of strengths which are above him, is compulsory to change his reality and have a chance to participate in the Transition ! He necessarily must go out of his comfort, his routine, his illusion, his beliefs, by succeeding in putting his intelligence back at work, in waking his intuition, in learning again to think to understand that there is nothing to wait from superior densities !

**Neither the "good guys" nor anybody else will come to save us !**



Most people ignore that they do not even think by themselves. They do not really understand either what they think, nor what they read, nor what they write. They do not even understand what means the word to understand.

Gurdjieff said :

*"The understanding is however the main part, and the reading can be useful only if we understand what we read."*

The human being does not understand and does not accept that he sleeps ! Even the one who considers himself to be awake always sleeps ! But the one who knows that he sleeps will soon begin to wake up !

And that is why the alarm clock does not stop ringing and as expected by the Big Plan of the cycles of the Universe, the "great saviour" of the World begins to appear ! And yes, here we are, would the sun begin to rise ?

Are we always in the dream or is it another reality ?  
We shall know it only when we shall be really awoken !

- *Is the 3<sup>rd</sup> dimension not the dream realized by our Consciousness of 4<sup>th</sup> dimension ? Let us recall that the creative Consciousness expresses its reality in the lower worlds (see dialogue N° 41) -.*

Now, let us leave those who still profoundly sleep dream about a better world...

We had mentioned in our previous article that the function of liberator of the planet and missionary of peace, would fall probably to president Putin. And, his character begins to show himself. And apparently, he is not the only one !

He is helped in his mission by the Iranian scientist Keshe who "offered" him the "Magrav" technology to repel "the American invader" and finalize the plan of the 4<sup>th</sup> density "STS" inspiring and pushing inevitably to the institution of the New World Order. Another dream on our planet ?

Doesn't Keshe reproduce the same error as Tesla ?

In language of the birds : "Maybe that this technology "Magrav", **aggravate** – my life ?", should Putin and its future users wonder !

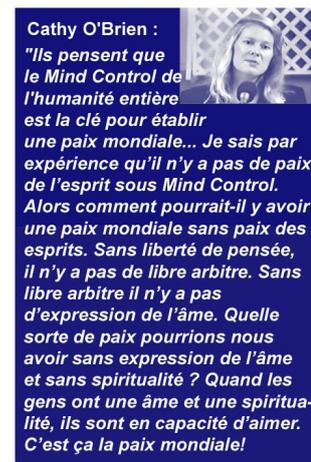
It now becomes blatant. Simply because human beings are still far from being prepared for the use of the free energy. **The Keshe technology is the same as Tesla's, no more and no less. It is a poisoned gift of the "Greys".**

**The technical and moral skills necessary for its manipulation, would exceed once more the spiritual development of the human being.**

Will they always need it to continue to plough the immense areas of cultures, to cut up their forests, to move by car ... while it would be possible for them, just like certain alchemists, shamans or accomplished great masters did, to teleport, to communicate by telepathy, not to eat more than very small quantities *-and especially without carbohydrates-*, to travel in the past / future as the Beings of 4<sup>th</sup> density of consciousness have been doing for ages ?

Eventually, this energetical technology will render the use of hydrocarbons obsolete and probably an umpteenth time as in Atlantis, will not be of use first and foremost to the humanity, but will be stolen away at first by some to take power and install the supremacy of the New World Order.

It is because a real human spiritual development requires an investment in its four bodies : Physical, genetic, spiritual / etherical and that of the Consciousness, that such a technology, which is claimed to be free and gratuitous, would only serve to turn humanity against itself, just like a new Atlantis.



## **Retrocausality obliges !**

Is Keshe too revealing the "allegedly free" transdimensional technology of the Greys, as had done it Nicolas Tesla in his time ?

- *For reminder, when the Atlantis had decayed, this civilization under the aegis of the New World order (of "that time") already mastered antigravity and free conduction of the energy (wireless electricity), this because it had reached beyond the technology of vehicles with wheels ! -*

Thus, the ignorant human beings, like the rebels of society and like the "love and light" who believe to know, continue masterfully to collaborate in the process of mass extinction of the current humanity by persisting in ignoring the subterranean, sneaky and Machiavellian planning of the New World Order !

Its institution will obviously be supported and ratified by the religious leaders of the whole world -*Buddhists and New Age included*- finalizing the institution of the world religion of the New Age, corresponding to the return to the antichrist augured by the religions of the Book.

This confirms it ! The signs of the current dimensional change which have been occurring since a few decades already and which have been announced for immemorial times, become more and more obvious and unmistakable ! And still very few people, even educated ones believe in it, notice it or take it into account. And nevertheless, it is not for lack of having been the warned !...

These signs show that the dimensional changes "auguring the universal chaos" get well and truly closer, and the list of the beginnings is long : Corruption of the society, the psychopathic acts of violence, the rumours of war, the mass deaths of certain animal species, climatic disorders, geological disasters...

Summary of Sott of November :

[https://www.youtube.com/watch?v=jp\\_scAxSzLY](https://www.youtube.com/watch?v=jp_scAxSzLY)

But as it does not concern most people in their everyday life and that for many days follow one another identically, they cannot imagine that the mechanism which contributes to their habits, can suddenly stop and plunge them into an indescribable chaos which they generally contemplate well at their ease in front of their television or at the front page of their favourite daily paper.

So -*we notice it always today around us*- all these people who,

- are in rebellion against the system, who place all their energy of anger to denounce the exactions of the governments, without admitting that the latter reflect only their own image,

- are the "love and light", completely ignorant of the Universal Laws, who still don't understand that to send light to the predation -*which is also energy*-, only strengthen the dark side of the centre of thoughts "STS", the force of predation.

This is translated in our 3<sup>rd</sup> density by major incidents on the climate. Because it is the centres of thoughts "STS" of 4<sup>th</sup> density who are well and truly provoking the deregulation of the

climate. This transdimensional phenomenon involving the forces of Nature, were already known by the ancient peoples. They named it : "**THE ANGER OF THE GODS**".

The following question was put on a blog : "Does denouncing evil feed evil ?"

<https://lauramariety.com/denoncer-le-mal-nourrit-il-le-mal/>

Yes ! The answer to this question goes on still well beyond the game of duality. But failing to indicate the quintessence of evil or pretending to ignore it, feeds it in the same way ! It is thus a question of understanding before anything else and especially before reacting to it blindly, which is the teaching that "Evil" on our planet –*as also often in our body*–, makes every effort to show us ! Because « Evil has spoken<sup>3</sup> ! **Evil is our most precious teacher !**

What do we have to learn from all the circumstances in which we see evil as well as all those in which we see goodness ?

**And it is only when we really understand the reasons of "the expansion of evil" on our planet -as a disease when it has been decoded-, that it disappears or is cured itself. It is at this moment that our perception of the good which is only an illusion projected and densified by the psyche to rebalance the energy of entropy, will disappear too, making way for what is : THE TRUTH !**

And it is only at this moment that the Consciousness of the New Earth will emerge.

This consciousness will represent a new bubble of realization/perception appropriate to the one who will have made the effort to look for and to apply **REAL KNOWLEDGE, THAT OF THE ALCHEMIST HAVING ACHIEVED THE BIG WORK : THE DISCOVERY OF THE TRUTH !**

So, people who consider themselves to be awake persist in accusing the system of predation of 4<sup>th</sup> density as far as they recognize it, this without ever putting themselves in question. And those who, despite everything, question themselves a little, are irreparably put to sleep again by their official predator to divert them from their quest so that they continue their karmic cycle. They keep sleeping like a log and snoring profoundly, not perceiving "the thief in the night".

Thus, here is exactly what announced Saint-Paul in this connection, in his prediction of the end of time :

*Reading of the first letter of Saint-Paul, Apostle in Thessalonians (1Th 5, 1-6)*

*"But of the times and the seasons, brethren, ye have no need that I write unto you. For yourselves know perfectly that the day of the Lord so cometh as **a thief in the night**. For when they shall say, **Peace and safety**; then sudden destruction cometh upon them, as travail upon a woman with child; and they shall not escape. But ye, brethren, are not in darkness, that that day should overtake you as a thief. Ye are all the children*

3 Translator Note : Pun which is untranslatable in English: « Mal a dit » means : Evil has spoken. « Mal a dit » sounds the same as « maladie »: Illness. It is proven that illnesses are provoked by our behaviours, thought-forms, traumas etc....

*of light, and the children of the day : we are not of the night, nor of darkness.*

*Therefore let us not sleep, as do others; but let us watch and be sober. For they that sleep sleep in the night; and they that be drunken are drunken in the night. Therefore let us not sleep, as do others; but let us watch and be sober.”*

<http://biblescripture.net/1Thessalonians.html>

Once again, it is a question of not rejecting the biblical teachings altogether, but of showing a lot of discernment as for their deciphering ! Exactly because they are the work of the predation of 4<sup>th</sup> density "STS" which can so supply us invaluable information on the reading of the buckles of retrocausality of humanity. These Beings, being extra-temporal travellers, have access to our past, as to our future, let us not forget it !

They inform us about our past/future history, most of the time in a coded or symbolic way by expressing themselves in metaphors because they know very well where is the current humanity's evolution and that among us humans, only a few make the effort to understand and to look for the TRUTH.

**In the end, doesn't acquiring Knowledge consist in being taught by good and by evil ?**

The current humanity does not still admit that it quite simply is replaying the loop of retrocausality of the Atlantis because at that "time", humanity had not yet understood the lesson ! It had not yet accepted how in a real outpouring of solidarity, to achieve the "Great Work" and it is still very far from realizing it today.

It is thus our dear predators of 4<sup>th</sup> density "STS", but let's repeat it also our teachers, who are spreading these rumours of war.

It is the same transdimensional entities that from time immemorial are being thought of as gods and which were at the origin of the various "wisdoms", beliefs or religions of Man -*as well as the traditions of Christmas or of the new AN /YEAR-*, the same creatures which used the religious indoctrination to divide humanity and reigned by terror on Earth and the people; the same consortium "STS" which during long years, by generating a problem -*by orchestrating a world of chaos which was carefully planned-*, begin to work this very day to propose **their solution** : The reconciliation, Peace !

**But what peace ? What tranquillity ? And at what price ?**

Undoubtedly, as it is said in the first letter of Saint-Paul Apostle in Thessaloniciens, it would involve well and truly the Peace established by a New World Order ! -*Which for the moment is still in gestation-*.

Another major indication of the imminent change to come and who could also alert us is to understand who are the Thessaloniciens ?

The warned readers who will have already proceeded to research on this subject, will have understood they were Greeks. (The city of Thessalonica was the most populated city of Macedonia, the North of current Greece).

Unsurprisingly, it is the first country of Europe who saw its economic system annihilated by the plots of the elites of the new Atlantis : The Cabbala of the United States. **Loop of retrocausality and transdimensionnal "STS" revenge obliges !**



According to the narrative of Plato, four centuries B.C. and after 3 successive wars, the **kingdom of Atlantis** was vanquished by the Greeks.

<http://www.alex-bernardini.fr/mythologie/atlantide.php>  
<http://www.legrandtour.fr/fr/module/99999672/259/le-mythe-de-l-atlantide>

As we would have understood it, the Atlantis of 10,000 years ago on another temporal line, played faithfully the role which is assumed by the United States of today.

Do they not try again to conquer the World ?

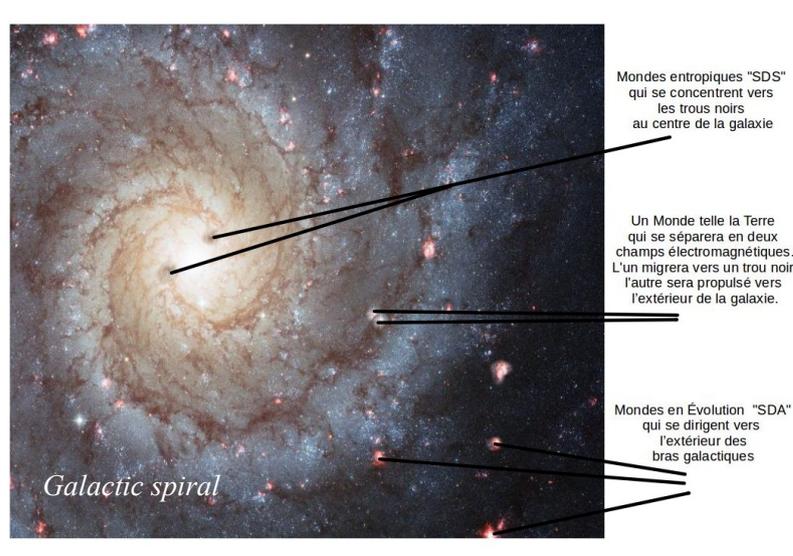
This alternative line perceived by human beliefs as having taken place in another era, corresponds to the time where shortly after, the Atlantis had sunk under a deluge of water because its inhabitants had sunk into corruption and the materialism.



The forces of Nature had played a distributor's role of energy to restore a balance between the entropic strengths of the world and the creative strengths. Further to this cataclysm, the mythical island –*the entropic part of the Atlantean world "STS"*- was wiped out for ever from the world maps. Its fragments still roam in the intersidereal space, while waiting to be gobbled up by a galactic black hole. [\(See dialogue N° 40\)](#)



*- On a large scale, these black holes located at the centre of the galactic arms are the ultimate expression of the entropic strength of "STS" energy which will become again non-existence, non-consciousness, in other words galactic dust... Unlike the "STO" strength which shines constantly towards the extremities of the galactic spirals of Energy and which will increase in consciousness, will form fertile ground for Life and will engender a new Big-bang, a new Creation. -*



That is why, the United States and their allies reproduce almost identically the customs of a nation whose leaders governed by the Nazi ideology (that of the Atlanteans), confront themselves with the Zionist mentality (that of the antique Greece of the Athenians). It is thus the "Greys" of the United States and Europe **which confront again** the "Russian" Kingus and Chinese Dracos of the former empire by interposed humanity, this to try to knock down the loops of retrocausality which binds the current humanity to its transdimensional Atlantean ancestors.

Will they succeed this time ?

**Unmistakably history repeat itself !** The "Greys" coming from the entropic future still don't succeed in understanding how to repair their errors in the history of their human past. The same "Greys" who, too confident in their impressive transdimensional technology, got a rough time trying to pacify the Kingus and Dracos ? The same "Greys" who neither realized that they do not have the right to modify the universal Balance, nor how to extricate themselves from this World of duality.

**Being victorious of the great initiation of the cycles of Life in our World does absolutely not come true by fighting, but simply by being conscious of the legitimate reasons for being of the games of the 3<sup>rd</sup> density duality, and especially by respecting its rules, which are no other than the UNIVERSAL RULES OF THE CREATION.**

**We still repeat it ! These entities of 4<sup>th</sup> density "STS" may they be Greys, Kingus, Dracos, Gina' Abuls or other predators, can also become our teachers. And they will teach us only if we assume our roles, both of the victim and the predator, and when we shall succeed in respecting theirs.**

They thus left us multiple indications of their "STS Wisdom" in the religious writings. These writings are addressed to those who learnt to read between the lines and beyond appearances. To those who understood how to rise beyond their beliefs. To those who acquired and experimented the Knowledge, discovered the mysteries of the Great Work -*the quantum laws of the matter*- and uncovered the mysteries of the Universe.

<http://lesmoutonsenrages.fr/2013/07/04/le-vati-can-implique-dans-la-plus-vaste-imposture-re-contre-humanité/>

Among the "STS" teachings are represented those of the legendary Jesus, Buddha, Mohammed, Abraham or other **mythical masters of wisdom**.

We know perfectly well today that the biblical Jesus has never existed ! And it becomes crystal-clear for the one who really understands the mechanism of Transition.

If, in spite of this, the legend of Jesus mentioned the process of the Ascension in the Christian tradition ([https://fr.wikipedia.org/wiki/ascent\\_%28f%C3%AAte%29](https://fr.wikipedia.org/wiki/ascent_%28f%C3%AAte%29)), it marks nevertheless the rise in the sky after his resurrection **and the end of his presence on Earth in 3<sup>rd</sup> density. A whole symbol !**

So, having never lived, the biblical Jesus was never crucified on the cross. The myth of Jesus is a compilation of several ancient religions and traditions, such as the myths of Mithra, Zoroaster, the history of Enki, Isis, Osiris and Horus and most probably also that of "J-C": Julius Caesar and many others.

<http://www.wikistrike.com/article-bombe-au-vatican-une-bible-de-1500-ans-confirme-que-jesus-christ-n-apas-ete-crucifie-123563120.html>

<http://www.wikistrike.com/article-revelations-jesus-etait-jules-cesar-118999381.html>

<http://www.enquete-debat.fr/archives/francesco-carotta-si-le-jesus-christ-historique-etait-jules-cesar-celacrerait-un-probleme-aux-eglises-aux-athees-et-a-la-politique-des-occidentaux-au-moyen-orient-63732>

<https://www.youtube.com/watch?v=pVn8VwsjwDM>

<http://www.amazon.com/Et-Judas-Then-Fall-Jesus/dp/0595777902>

<https://www.sott.net/article/273085-SOTT-Talk-Radio-Into-the-Mystic-Interview-with-Laura-Knight-Jadczyk>

In the same way, the fables of Mary and Mary-Madeleine are only an archetypal invention of the "cosmic Cointelpro" type of 4<sup>th</sup> density, because the extension in contemporary language of the term Mary or Myriam means "Maru" in Sumerian, twin goddess of a god or "divine mothers" ! It means that all the individuals who channel Jesus, Mary or other biblical entities - *or all those who become identified with them or for years, have tried to discover Mary-Madeleine's mysteries-* are quite simply under control of thoughts led by the "STS" of 4<sup>th</sup> density ! **Let us not forget that the speciality of the "STS" is to divert the attention of the researcher from his original quest !**

**The legend of Jesus, Mary, Joseph and Mary-Madeleine consists then clearly in a teaching which was bequeathed to us with the greetings of the "STS" of 4<sup>th</sup> density.**

*- I (Jenaël) speaks from experience because a few years ago, I believed that I too channelled Master Jesus. I heard "a voice" which spoke through my consciousness. And at the time I believed wholeheartedly that it was Jesus because the voice in my head and visions confirmed it to me ! But since then, I realized that I had been a victim of a technology of manipulation of the thought which used the predispositions of my spirit to draw concepts accommodated in my subconscious. This to bias my intuitive capacities and replace them by different, probably sent "words" via a human technology of 3D or in a transdimensional way in direct origin of the 4<sup>th</sup> density.*

On this matter, here is a very interesting article sent by one of our reader :

<Http://www.morpheus.fr/spip.php?Article376>

They are thus only false information skilfully instilled in our psyche by the predation of 4<sup>th</sup> density "STS", without the knowledge of the subjects of the programming.



Examples of manipulation by means of Mind Control which thanks to the guru's charisma, targets a crowd.

This kind of psychic manipulation led by the "STS" of 4<sup>th</sup> density using "Mind control", is of a permanent use in the "love and light" environment.

Such a transdimensional psychic influence targeted at a determined population, is clearly even more remarkable in certain regions. - *the region of the Aude among others, being one of the moving plates of the New Age, should welcome these famous Islands of light. Closeness of Rennes-le-château and the mythical Mount Bugarach obliges !* - Additional proof that we are not the master of our thoughts !

The consortium of the predation uses the transdimensional technology of manipulation of the thought so that the individuals who channel so-called masters of wisdom or beings of lights, are *-to say the least- being fooled !*

However, at the approach of the "harvest" of the end of time, the entities of 4<sup>th</sup> density "STS" really have a good reason for acting so, to exaggerate the influence of evil on Earth by amplifying the imbalance of our World.

The reason is the following one : **Divert the attention of the humanity of 3<sup>rd</sup> density "STS"** of the imminence of a dimensional change which could, as the case may be, end with a global "disaster" even more horrifying than a 3<sup>rd</sup> World War !

But specially to prevent the human beings from getting ready for it, by diverting them from their "Quest of the Grail " and of the apprenticeship of Knowledge. **Quest which should allow them to understand how to reach beyond the loops of retrocausality "STS" to become creative of their New World "STO".**

This new world alternative to the 3<sup>rd</sup> density, a densified neo-structure of the "STO" Consciousness should thus interfere temporarily, grow and settle down at the same time in 4<sup>th</sup> density -*as we mentioned it in our previous dialogue (see Dialogue N° 41)*-.  
And it is already a known fact for some !

But on no account, this new worlds "STO" correspond to these oases of light which the Ariane Editions promotes. (*We shall reveal the reasons in our next dialogue.*)  
<https://www.youtube.com/watch?V=fTZJRc2LpOO>

- *Moreover, we are amazed to notice that every time we reveal a piece of this hyper dimensional reality, "STS" corpus hurries "to seal the breach" by using what we revealed, with almost the same words, to divert, to imitate and corrupt the sense of our explanations in the "STS" way. But we also remember ourselves that always creating more confusion in the minds of people, is part of the game of the predation ! -*

To underline the game, here is a very instructive article promoting exactly these islands of light :

*"- Bravo for this bright initiative. It was awaited by all those who have been working for a long time to establish links with the other peoples situated in the other dimensions.*

*With many of you I participated too, with Marc, Lee, Gregg and the others, to the presentation of Kryeon in France in the 2000s. This prospect to build here new cities seemed to us then so distant and enigmatic.*

*There cannot have islands of light without a spiritual maturity and therefore for the moment, there has been no reunification of the workers of light to create this island yet.*

*But at the same time, it is a part, among others, of the mandate of Ariane Editions today to gather and to call the people having the means on this planet, to do something for humanity and not just to live in frivolity. Once the very painful period of past transition, once the roots of the former world will be perfectly ploughed, The Earth will benefit from these installations activated in a New World. They will be wide open on the big universe. They will show the noblest intentions which the human being carries within him, well hidden in his heart.*

*Thus, let us welcome with happiness, in us, the mourning of our former world confined to give birth to the energies of the universe to which we belong. So, we shall follow our Mother Earth in its current ascent.*

*"To get a new skin", according to our former habits, is a reptilian superficial quality which always seduced us and always made illusion in our earthling's history. We adored for such a long time the famous "modernization". Today still our leaders are devoted to it. The universe destroys itself and reconstructs permanently, death and revival are its breath -".*

For an "inexplicable" reason, wouldn't his author suddenly have been caught again in the nets of the predation "STS" ? Even if this article contains certain truths, its deep sense was diverted masterfully by his predator.

Let us repeat ! Most people do not really include neither what they think, nor what they say, nor what they write, nor what they read, nor what they hear, nor even what they teach. They do not even understand what means the word to understand. To understand, it would already be necessary to become a bit aware, which means by no means knowing, seeing and denouncing these "plots" to try to change our reality, **but rather to perceive and to understand beyond appearances, what these multitudes of plots "love and light", hide behind their smoke screen.**

The understanding is nevertheless the main part of communication between people. **If we interpret the information, we cannot restore it in its truth. We restore it then with our own filters, our own beliefs, our own ideas...Which let us be reminded, results from the predator of 4<sup>th</sup> density...** So, the reading or the writing can be useful on the condition that we understand what we read or what we write.

Let us remember however an information which has all its importance to seize what we are speaking of : In simple language, there is the "kind STS" and "nasty STS". Both are a member of our current world (the 3D "STS"). The kind "STS" represents those who would want to create by themselves the New World (the islands of light), would want free energy to be diffused, would want to be compassionate ... Those are the ones who imagine themselves as "love and light". "Nasty STS" represents the Satanists, the rapists, the manipulators, the conspirators and the psychopaths.

These two plans of behaviour express themselves at present in the terrestrial duality, the war and the need of peace, the conflict between those who hurt and those who fight to do good. But there is one other reality carefully hidden from the human consciousness which would lead him to the real Freedom, that of the worlds "STO". And it is the only possibility which would really extirpate us from the illusion and especially the conflicts of this world.

The human being ignores that he sleeps soundly under the supervision of the predation of 4<sup>th</sup> density ! And even the one who considers himself to be sharp always sleeps ! (We noticed it according to our experiences in our own progress and that continues still, because we ourselves are not completely awakened in 4<sup>th</sup> density of consciousness.)



The human being in 3<sup>rd</sup> density crushed under the burden of his predator

Gurdieff quoted by Ouspenski in "Fragments of an unknown teaching" said about Man :

*"... He has thousands of false ideas and false conceptions, especially of himself, and he must begin by releasing himself at least from some of them, if he ever wants to acquire anything new. Otherwise, the new would be built on a false base, and the result would be the worse still..."*

*"... As I have already told you, the supreme illusion of the man, it is the conviction that he can **do**. All people think that they can **do**, all people want to **do**, and their first question always concerns what they will have to do. But to tell the truth, nobody **does anything** and nobody **can do anything**. It is the first thing which it is necessary to understand. Everything arrives. All which arises in the life of a man, all which is made through him, all which comes from him - **all this arrives.**"*

*" ... But no man will ever believe you, if you tell him that he can do nothing. Nothing more disagreeable and more offensive can be told to people. It is particularly disagreeable and offensive because it is the truth, and because nobody wants to know the truth.*

*"If you understand it, it will become for us easier to speak. But it is a thing to seize with the intellect that the man can do nothing, and another one to feel it "with all your mass", to be really convinced that it's like that, and to forget it never..."*

*"... To do, it is necessary to be"*

*"... To tell the truth, it is necessary to become capable of knowing what is the truth and what is a lie -and before anything within yourself -. Yet, nobody wants to know that.*

[http://www.venerabilisopus.org/fr/livres-samael-aun-weor-gnostiques-sacresspiritualiteesoterism/pdf/200/215\\_ouspensky-frag-d-un-ens-inconnu.pdf](http://www.venerabilisopus.org/fr/livres-samael-aun-weor-gnostiques-sacresspiritualiteesoterism/pdf/200/215_ouspensky-frag-d-un-ens-inconnu.pdf)

It is legitimate that in 3<sup>rd</sup> density of consciousness, the human being believes that he must do. He believes that it is himself who must build this New World and that this responsibility falls to him (like those who believe that they have to set up islands of light and who forget that they are manipulated, hypnotized by their official predator of 4<sup>th</sup> density, who through their ego breathe them this kind of projects, thus diverting them from their real quest).

They still ignore that to want or to desire, results from an egotistical thought of the "Service to Self -STS" who urge them to act directly and umpteenth time, in the concrete and the matter of our current density.

They do not even manage to conceive that the Knowledge (acquired and applied) would allow them to deliver the latent transdimensional functions registered in their DNA, and would reactivate the powers of their Supraconsciousness. It would authorize them to create not with



their "will" and their "small hands" but to show a new reality through a new shape of a much more evolved and higher consciousness which has nothing to do with human thoughts.

They would be then capable of bringing to the foreground **naturally and spontaneously** their new world in a universe of 4<sup>th</sup> density "STO" and could so stop "turning in circle" in their game of retrocausality.

To build islands of light is only a "so called futurist" reproduction of an architecture and of a so called new world belonging to the beliefs of the 3<sup>rd</sup> density "STS" and has strictly nothing to do and far from there, with a world of 4<sup>th</sup> density "STO".

This false notion of future is just like the one who builds a bunker to protect himself from the effects of the end of the world, while if he raised his consciousness to an upper level, he would not even have to care about any disasters. Hence Knowledge protects ! **But to acquire this Knowledge, it is necessary at first to be ready and capable of depriving oneself, of undressing of any illusions of the 3<sup>rd</sup> density : Of the good and the evil. To have suffered enough to decide to die and be reborn.**

We underline the term to undress because it is well about another metaphor which unmistakably means removing our clothes throughout our History. In other words, deposit all our costumes which we wore in other times through our multiple incarnations. (We shall soon develop it.)

It is difficult to understand that this notion of duality must be totally revised deep down in our heart if we want to succeed in overtaking it. It is impossible for us to create a New World by wanting to change the old one. So that the new emerges, it has to emanate, expanse and grow through the vibration of our Supraconsciousness. It will begin to become a reality when we will be in tune with our Higher Self. It is only from that point that a new reality will be shown around us, because the Consciousness of 7<sup>th</sup> density alone is truly creative of our reality.

Why do people wish so much to create a New World ? Because they are afraid ! They want to create a new one to stop dealing with the old one. Wanting to create something to change what displeases us is a totally "STS" reflex and by no means emanate from a knowing and enlightened "STO" thought.

It is thus in a diverted way that the projects of cities, oases or islands of light became a concept only inspired by the "STS" of 4<sup>th</sup> density. They only represent a diversion of the future potential of the 3<sup>rd</sup> density "STS", by those who are calling themselves "love and light". Well, obviously it works perfectly because people want to continue to dream, to get involved in their new dream even if this one is a new illusion !

We have spoken about it already at length in several of our previous texts and had also warned of the occult reason of the likely emergence of these islands of light.

**Let us thus be digging now a little deeper to find where is situated this imposture.**



To give us a small idea, we recommend you a movie : "The Giver". By means of a fiction, it depicts in a masterful and critical way the future of these cities of light.

It is also necessary to understand that the dimensional collision will affect all the surface of the Earth and absolutely all individuals : The wicked ones, the good ones, those who believe themselves to be "bad" and those who believe they are "good".

This wave of change which is a quantum phenomenon will affect all the dimensions in 3<sup>rd</sup> density in our solar and probably galactic system, and will spare by no means neither the bunkers, nor the cities of light.

Their projects of constructions are that of an additional fantasy of the imagination of some underlings of the "STS" corpus, exactly as these individuals, who because they are indoctrinated and because they already have their ticket to take refuge within bunkers, imagine themselves to be the Chosen Ones.

The principle of the islands of light is only the deviation of a concept, exactly traced on a future potential reality, but skilfully coordinated by the elites of the corpus "STS" Cointelpro / New Age to prevent people from truly realizing their intimate and personal work.

We have already spoken about it. Individuals like Lee Carol, Drunvalo Melchisedeck, Benjamin Creme or other "Kryeon" (so-called corpus of Enlightened Beings) and many others, despite appearances, are only the underlings and completely under control of the corpus "STS" of 4<sup>th</sup> density, oblivious to the fact that they serve the interests of the leaders of the pseudo-spirituality. Their researches are quite simply financed by the foundation Rockefeller. Is it not a little surprising ?

[http://fr.wikipedia.org/wiki/Fondation\\_Rockefeller](http://fr.wikipedia.org/wiki/Fondation_Rockefeller)

Here is a non- exhaustive list of other cosmic conspirators under "mind control STS" who, despite their good will as researchers of the truth, only reveal what they are ordered or authorized to reveal :

Alberto Villoldo	Coleman Barks	Iлона Selke	Laurie Monroe	Ram Dass
Arthur Hull	Colin Wilson	Jai Uttal	Matthew Fox	Riane Eisler
Barbara Marx Hubbard	Hank Wesselman	James Redfield & Salle Merrill Redfield	Michael Harner	Robert Thurman
Brooke Medicine Eagle	Howard Martin	Jonathan Goldman	Michael Lerner	Robert Venosa
Carlos Castaneda†	Hunbatz Men	Joseph Chilton Pearce	Michio Kaku	Martina Hoffmann
Chamalu	Huston Smith	Judith Orloff	Pir Vilayat Khan	Ross Heaven
Christina Grof	Hyemeyohsts & Swan Storm	Krishna Das	Ralph Metzner	Russell Tar

Dan Millman	Ervin Laszlo	Jean Houston	Judith Bluestone Polich	Oriah Mountain Dreamer
Deepak Chopra	Fred Alan Wolf	Joan Ocean	John Hagelin	Paul Devereux
Deva Premal & Miten	Gabrielle Roth	Joanne Shenandoah	Mikela & Philip Tarlow	Paul Ray & Sherry Ruth Anderson
Doreen Virtue	Gregg Braden	John Perry Barlow	Nicki Scully	Peter Russell
Edgar Mitchell	Jan Phillips	John Mack	Norman Shealy	Sandra Ingerman

Serge Kahili King	Swami Satchidananda†	Terence McKenna†	Tom Robbins
Stanislav Grof	Terence McKenna†	Thom Hartmann	Zecharia Sitchin

We make our readers notice that Carlos Castaneda's name appears on this list. Being already dead, his name appears there to indicate the school that his followers established. It is well a question thus of seeing the difference there.

- " *Many of the false prophets will get up and they will mislead many people. It will appear false messiahs and false prophets, they will produce grand signs and prodigies, to mislead, if it was possible, even the chosen ones !!!* " - **let's think about it !**

These big scientist philosophers are affiliated for the greater part to Scientific-New Age mystic organizations such as :

- The Axiom Faculty,

<http://www.bibliotecapleyades.net/sociopolitichas/espsociopolaviary06a.htm>

- Great Mystery,

<http://greatmystery.org/index.html>

or still, San Graal -School of Sacred Geometry,

<http://www.sangraal.com>

and many others else...

Among these people, many people remain quite simply irresponsible of themselves, unconscious of the hyper dimensional reality which manages them. They think of having understood how to get ready for the depolarization of the 3<sup>rd</sup> density because it is here about a quantum phenomenon who exceeds the human understanding.

These city-dwellers or these communities of light, despite all their willingness to do their utmost to stay "love and light", will not escape their fate !

By doing so, they will by no means offer themselves the possibility to get out of the temporal loop of 3<sup>rd</sup> density in which they remain trapped. On the contrary, they will have just reproduced a pale imitation. The gurus-founders of the islands of light have for mission- *which generally is unconscious, of course-* to divert the maximum of individuals from Consciousness of the Service to Others "STO". They apparently strongly tend to forget that

their future cannot come true by reconstructing ecological houses on the foundations of a sinking world of 3<sup>rd</sup> density.

Who knows, maybe that in the future, their islands of light will be the last still visible vestiges by a space probe of a new Atlantis, wandering on the fragments of a comet ?

The occult reason of these cities of light interests especially the predatory corpus of 4<sup>th</sup> density. In a close future and according to the **REAL AWAKENING OF HUMANITY**, their "delegates-kidnappers" - *of 4<sup>th</sup> density*- from the parallel densities, will come to take "love and light" individuals or others completely ignorant but having survived cataclysms. They will thus serve to repopulate the next 3<sup>rd</sup> density under the guardianship of the "STS" of the 4<sup>th</sup> density -*loop of retrocausality oblige !* -.

These "delegates-kidnappers" cannot survive long in 3<sup>rd</sup> density. Then, to facilitate the harvest of human Souls during the dimensional collision, they asked their "love and light" puppets / gurus to gather at the same place -*exactly within these cities of light*-, a maximum of people with a reprogrammed intelligence in the name of "love and of light" to stay at their service.

The future corresponds on no account to a simple change of "STS" beliefs for a new "STS" programming -*such as the programs "love and light", "islands of light", which are unmistakably only a branch Cointelpro of the New World Order*-. **BUT THE FUTURE WILL REPRESENT AN EXTREMELY DEEP CHANGE OF THE INTELLIGENCE, THE PSYCHIC, PHYSICAL FACULTIES AND CAPACITIES OF THE HUMAN CONSCIOUSNESS.**

**This change will become discernible and perceptible only beyond immense and deep alchemical work of transformation of self-awareness.**

**As had realized it Plato, Yeshua, Fulcanelli, Flamel and others, this transmutation of the human consciousness / intelligence in transdimensional Supraconsciousness, converges well beyond the New Age "love and light" or the construction of the cities of light.**

**This transformation will be practicable ONLY BEYOND THE OFFICIAL INSTITUTION OF THE NEW WORLD ORDER, AFTER THE TRIBULATIONS (although these have already begun), AND FINALLY SUBSEQUENTLY TO THE CATAclysms WHICH WILL RAVAGE THE "STS" WORLD OF 3<sup>rd</sup> DENSITY.**

**THE HUMANITY "STO" WILL THEN BE NO MORE GOVERNED BY ANY GOVERNMENT, ANY SYSTEM OF CAPITALIST EXCHANGE.**

**WHILE THE HUMANITY "STS" WILL KEEP WORKING UNDER THE SUPERVISION OF THE NEW WORLD ORDER AND WILL NOT THINK FOR ITSELF YET.**

The real shift of the Energy and the Consciousness of the Earthlings, thus will take place only long after the magnetic shift of the planet. And we are still not there !

**IT IS DEFINITELY IMPORTANT TO UNDERSTAND THAT CATAclysms WILL**

**OCCUR ONLY FOR THOSE WHO WILL STAY ON THE CURRENT PHYSICAL PLAN OF 3<sup>rd</sup> LEVEL OF DENSITY, THE ONE WHO DETERMINES OURS PRESENT EXISTENCE ON EARTH.**

**THE INDIVIDUALS WHO CROSSED THE GATE TO 4<sup>th</sup> DENSITY "STO", WILL STAY ON A PLAN OF 3<sup>rd</sup> PARALLEL DENSITY -*the New World created by the egregore of "STO" consciousness-* AND WILL NOT KNOW THE CATAclysms OF THE END OF TIME.**

**WE WERE ALL WARNED !**

*"... and many false prophets will appear and deceive many people. For false messiahs and false prophets will appear and perform great signs and wonders to deceive, if possible, even the elect."* stipulated the legend of Jesus ! Isn't it ?

Thus, we shall not return anymore on the subject.



May the one who can hear, hear !

The "STS" of 4<sup>th</sup> density are terribly afraid. They dread to be unmasked, judged and probably during the collision / separation of the worlds, are afraid of being pulled despite them in "STO" Worlds, in which they would totally lose control of the matrix of the material world. But because they will have played their role in the balance of the cycles of the Universe, it will not obviously be the case. They will simply have the choice to either stay in "STS", or to turn in "STO". It's a matter of free will.

The "STO" world is the concept of an INTELLIGENCE of 6<sup>th</sup> density that the human beings and the predators themselves are incapable of imagining because of their limited "STS" genetics !

That is why, to restore the balance of good and evil in Creation, that human beings of "STO" origin were commissioned in the worlds of 3<sup>rd</sup> density. They oversaw to helping the human beings and their "deserving" predators who **succeeded in rehabilitating their DNA- *The chosen ones in the biblical texts-***, to go out of the loop of retrocausality in which they were locked since millenniums.

The "STO" are absolutely not good, kind, love and light beings as we could consider it, but Beings of great wisdom, just, righteous, - *perfectly capable of destroying certain forms of "parasites" life if needed -*, in the service of Creation and endowed with a real unconditional Love, respecting perfectly the cycles and the balance of the Creation.

Therefore, while confusion and the noises of marching boots propagate already in a merciless way worldwide : Libya, Iraq, Ukraine, Turkey, Greece, Syria, Russia, Europe, the United States and many others, the Wave of the big Transition -*called by the law of attraction by the human consciousness,* gets ready in a close future to collide with the 3<sup>rd</sup> terrestrial density.

But beyond the galactic belligerencies which fall in our terrestrial density either in the form of armed fights, or in the form of climatic disasters, what is then THE EVENT which they try to divert our attention from ?

Except the torments of the war, some countries already begin among so many others to perceive the beginnings of the coming dimensional change – *one only has to observe the scale of the floods in India (to rebalance the energies) which affect a completely blinded people, subdued and flooded by its religious beliefs which have become obsolete in a new human cycle-*.

Whole populations already undergo catastrophic and irreparable damage caused by the unchained elements : Floods, earthquakes, storms, fires, hurricanes... While others think only of waging war !

In this connection, see the Sott summary of the climatic disasters of December 2015 :

<https://www.youtube.com/watch?v=KLmwyF5yxCs>

As in the time of the Atlantis, did the world became crazy ? It would seem that yes !

This tragic conjunction of the destructive strengths of nature and the human inhumanity at work at the moment was augured from immemorial time. And it is because it took place many times, and every time, had ended up to the extinction of the major part of the human population, like the destruction of the civilization of Atlantis, from where originate the legend of Noah !

And as it is said in the myth of Jesus Christ :

*Gospel of Jesus Christ according to saint Matthew -Chapter 24*

*“...Nation will rise against nation, and kingdom against kingdom. There will be famines and earthquakes in various places. All these are the beginning of birth pains.*

*Then you will be handed over to be persecuted and put to death, and you will be hated by all nations because of me. At that time many will turn away from the faith and will betray and hate each other, and many false prophets will appear and deceive many people. Because of the increase of wickedness, the love of most will grow cold, but the one who stands firm to the end will be saved.and this gospel of the kingdom will be preached in the whole world as a testimony to all nations.*

*Then the end will come.*

*So when you see standing in the holy place ‘the abomination that causes desolation,’spoken of through the prophet Daniel—let the reader understand— hen let those who are in Judea flee to the mountains. Let no one on the housetop go down to take anything out of the house.Let no one in the field go back to get their cloak. How dreadful it will be in those days for pregnant women and nursing mothers ! Pray that your flight will not take place in winter or on the Sabbath. For then there will be great distress, unequalled from the beginning of the world until now—and never to be equaled again.*

*If those days had not been cut short, no one would survive, but for the sake of the elect those days will be shortened.*

*At that time if anyone says to you, 'Look, here is the Messiah !' or, 'There he is !' do not believe it. For false messiahs and false prophets will appear and perform great signs and wonders to deceive, if possible, even the elect. »*

<http://biblehub.com/niv/matthew/24.htm>

One would have to be blind not to see that humanity touches the end of a time of debauchery, corruption and materialism. It gets ready to enter that of the "survival" so that **some of them can operate the famous transition between densities of reality, the "Ascension" !**

But those : - *The famous chosen ones in the biblical texts which would allow to abbreviate the days of the adversities* -, having supplied the effort to look for the Knowledge of the laws of the Universe, to apply them to repair their failing stalks of DNA (by readjusting the way they feed), psychologically (by having explored the mysteries of their unconscious / subconscious) and conscientiously (by the searching for Knowledge) will have got themselves ready to carry out this dimensional change. They will thus be the ones which will open again the road for a "STO" world of 3<sup>rd</sup> density, such as it existed before the fall of man.

Of course, "STS" entities delight in the terror they propagate on Earth at present. They are delighted at the incapacity of the peoples to detect their influence on the human consciousness and which influences profoundly their spirit. Most people, like Don Quixote, continue to fight windmills and are ignorant of it. They will remain this way for the little remaining time which they will live in this 3<sup>rd</sup> density.



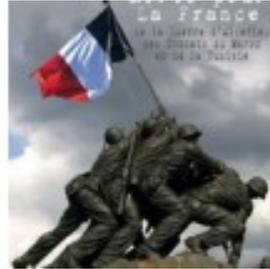
**Even those who believe to know do not know and inevitably end up in the nets of the predation of 4<sup>th</sup> density.** They are letting themselves to be drawn -*if only emotionally*- by one of the "STS" coalitions which through its organic portals, are in confrontation or in the extreme case, wage war. They thus unconsciously appropriate the roles which will only reinforce their servitude toward the predatory corpus of 4<sup>th</sup> density.

It is enough to notice that : *"Since the attacks (of November 13<sup>th</sup> 2015), the French land forces are being overwhelmed by volunteers ! To serve, to protect or to give a "helping hand" : "Le Figaro" reveals on Saturday that the land forces received 50 000 more applications than last year -.*

[Http://www.lepoint.fr/societe/depuis-les-attentats-l-armee-de-terre-croule-sous-les-volontaires-17-10-2015-1974470\\_23.php](http://www.lepoint.fr/societe/depuis-les-attentats-l-armee-de-terre-croule-sous-les-volontaires-17-10-2015-1974470_23.php)

These young people, probably future cannon fodder, represent mainly only organic portals or human beings without any consciousness who cheerfully authorize the transdimensional predation and the elites, to let themselves be manipulated so that other human beings feel sorry for their fate. They are probably the future soldiers/servants who “died for France” - *or another country* -, who will enlist under the flags of a corrupt republic, republic which was sullied by cynical and perverse governments in the pay of the “STS” corpus of 4<sup>th</sup> density.

Poor France ! ... These people will never know that they did not even die to defend their homeland, but exclusively to protect the interests of some power-hungry psychopaths.



Let's return to the legend of Jesus.

Those who read to us since 2013 remember maybe these portraits of Yeshua -*not to confuse with that of the crucified Jesus of the Biblical legends* -, appeared in a waterfall and in a stony wall, while we drafted the dialogue n°23.

At that time, our papers were still very "slopped" with New Age and our guidance a little also ! Which means that our centre of thought was still relatively "STS" of 4<sup>th</sup> density. It was nevertheless our progress, our experiences. Since then, many things changed ! Our awareness also.

Then what represented the face in the waterfall ?

We recorded since the appearance of this portrait that fragments of the Consciousness of our Higher Self -*or images resulting from our subconscious* -, were "capable" of projecting themselves in certain natural elements, the water, the air, the rocks, the clouds, the foliage ... which then act as **psychomantheum** !

The image in the waterfall represented the portrait of somebody whom some of us know, from the past or the future. We named him Yeshua to differentiate him of the character of the legend of Jesus, and because his real name would be more or less pronounced like that.

In any case, his image results by no means from the chance of nature, but from an image profoundly engraved in the subconscious of people who he marked and who have known him. Yeshua -*Yesuvahra according to the Cassiopeans*- was a "STS" researcher of the truth who had understood very young, how to pass to the "Service to Others- STO".

The work and the life of Jesus is only an invention of the “STS” corpus. The real character was never crucified and has never had for mythological partner Mary-Madeleine and has never set foot in France. But in his time, he carried out the Great Work, his own dimensional change and **he taught it** !

## Let us pursue our quest of Knowledge...

What is a psychomantheum ?

In parapsychology and in spiritualism, it is a small closed space fitted out with a comfortable chair, a sieved lighting and a mirror arranged in angle so that it does not reflect us and so that we can see no object which could distract us in the experiment. The room is maintained darkened and sieved by a low light. We would see only the darkness intended there to communicate with the spirits of the dead.

The psychomantheum was popularized by Raymond Moody, author of "*the near-death experience*", who thought at first that the psychomantheum could be a tool to solve the pain. Moody compared the psychomantheum with the Greek *Necromanteion*, and claimed that its function inferred divinatory visions.



The function of a psychomantheum thus is to serve as a support so that our Spirit can project itself in the space formed by the surface of the mirror installed in the twilights.

That would also explain :

- Why it is misadvised to sleep with a mirror near the bed,
- The role of the mirror in fairy tales and in fantasy movies for children,
- The small mirror inlaid in old tabernacles of church...

Certain researchers hardened in parapsychology -and they are not many- use a device of two directional mirrors to obtain an effect of prism and capture waves of forms, different wavelengths situated in the antimatter (the invisible).

## How is it possible ?

To make things short and to understand why we must be able to vary the distance of "virtual" focal of the device of mirror, we are going to examine at first Tom C. Lethbridge's works, Keeper of Anglo-Saxon Antiquities at the [Cambridge University Museum of Archaeology and Ethnology](#).

This sir had discovered that the period of oscillation of the pendulum of the dowser -*its movement according to the length of the thread*-, was capable of detecting artefacts, objects or events, situated not only in the invisible of the present, but also in the past or in the future. According to the length of the thread -*more exactly of the coefficient of multiplication of the initial measure of the thread*-, its extension would determine different vibratory frequencies

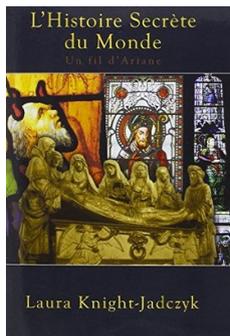
and would then correspond to the past or future temporal lines, on which was situated an object.



He had thus highlighted in his own way, the existence of the hyper-dimensional realities. Lethbridge thought that the power to work on the pendulum on something invisible and of intangible, was due to a part of the very operator who knows a lot more than him ! And he was right !

*It is in a similar way that the geobiologists who operate with a pendulum, manage to detect invisible entities allegedly hung on to human bodies.*

<http://newsoftomorrow.org/arts/geobiologie/tom-c-lethbridge-le-pouvoir-du-pendule-le-spectre-defrequence-de-la-realite-les-autres-dimensions-et-la-memoire-de-leau>



*The technology of the Stone and T.C. Lethbridge : The Secret History of the World and How to Get Out Alive by Laura Knight-Jadczyk (September 01,2008)*

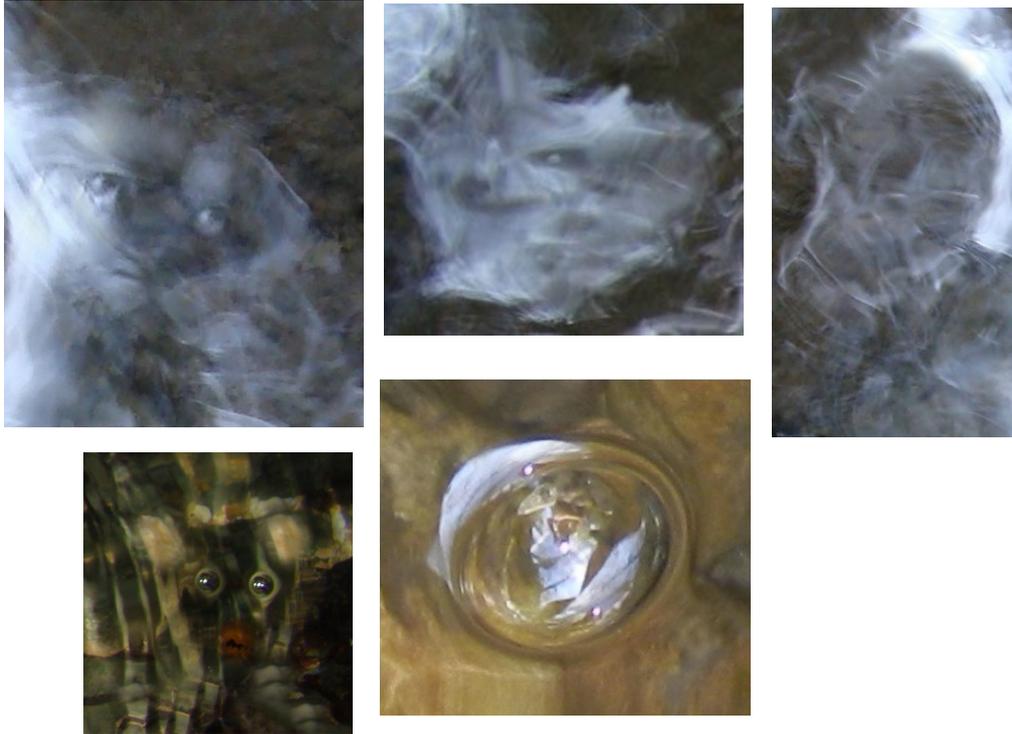
Let us persist in our investigations and let us be going to discover how occurs the appearance of Émanents © (the name "Émanent" is protected by copyright © by his inventor).

The Beings which we can sometimes perceive or photograph in the water, in the mirror or on another support, appear to us by a principle similar to the psychomatheum.

See on the pages of our site :

<https://bienvenussurlanouvelleterre.jimdo.com/photos-des-dimensions-invisibles/>





They result from the extremes depths of our subconscious and represent the image of what can see another part of our body / spirit living in other dimensions of reality !

Generally, these appearances of faces or human forms in elements, especially in water or in a mirror, are understandable by a so-called optical illusion called “a Pareidolia”. This is a psychological phenomenon which consists in associating a more or less formless and ambiguous visual stimulus with a clear and recognizable element, such as a human or animal shape. But this is a definition appropriate to the parapsychology !

Today, we know that even if the sense of a "psychic appearance" is partially true, this phenomenon is to be considered in a much more tangible, intelligent and intimist way. But knowing that the atom which results from the densification of the waves by the consciousness and which determines the reality of our existence, persists only if there is somebody to look at it or observe it. In other words, the face of Yeshua in the waterfall, materialized by the densification of a wave in particles of atoms, because somebody *-in this particular case here our consciousness-* decides so to speak to project an image engraved in our subconscious in the water of the waterfall. This phenomenon of materialization of our psyche in a natural or artificial psychomanteum, is generally called “Émanent ©”.

<http://messagesdelanature.ek.la/les-photos-d-emanants-p917686>

To discover how occurs the appearance of an “Émanent ©” also in the form of an aquaglyph : [https://www.youtube.com/watch?v=V\\_NAziIvBHE](https://www.youtube.com/watch?v=V_NAziIvBHE)

Or of geoglyph such the geoglyphs of Nazca : <https://fr.wikipedia.org/wiki/G%C3%A9oglyphe>

Or of agroglyph or crop circle that some assimilate to messages of the Beings of Nature, elementals or coming from ancient or extra-terrestrial civilizations – *and we going to see further, to what extent this concept is not inaccurate but limited-*.



Their underlying signification is going to touch beyond what we could think of it, because the principle of a coefficient of multiplication of the length of the thread of the pendulum, highlighted by T.C. Lethbridge, is a key which is also applicable at the disposal of mirrors in prism of the psychomanteum. Or still, at the distance between our pineal and a psychic appearance projected in water or in a mirror by our Spirit, but also by letting rave our thoughts without focusing our attention on some precise object.

That means *-without going into scientific explanations-*, that **when we let us reveal a hyper dimensional artefact in water, in fields of cereal or wherever else, it is shown to our human consciousness of 3<sup>rd</sup> density by one or the other part of ourselves situated in other densities or existing on other temporal lines**. And this to be able to be read and interpreted by our fractalized consciousness of human being.

Let us take the example of crop circles.

Recent researches demonstrated that the phenomenon of the circles of culture is by no means a contemporary riddle, but their appearances were always described through the history. The oldest track of a transdimensional work of this kind goes back up to 1590 and was found in France in a case documented by a trial for witchcraft. (*Müller / Anderhub on 2005, 41*).

A crop-circle at Pitt near Winchester in Hampshire, presents the portrait of a hyper dimensional Being, flanked by a disk apparently coded in a binary fashion.

[Http://www.cerleSTOnslanuit.com/unbeaumessage.php](http://www.cerleSTOnslanuit.com/unbeaumessage.php)



It is by no means about an extra-terrestrial, as we would want to let it us believe, but of a “Grey” humanoid coming from a hyper dimensional plan of the past / future of the human being, like the one **who let himself be captured** in Roswell.



L'humanoïde du  
passé SDS

L'humain actuel  
SDS/SDA

L'humanoïde du  
futur SDS

Image tirée de la couverture du livre de Marc Gakyar : L'humanité revisitée

This Being represents a fractal of the human consciousness under the shape of a transdimensional traveller, who "reproduces his image and a coded message" originating from our future, by means of the technology of crop circles in our 3<sup>rd</sup> current density : The present. In the same way as a human would draw himself on a piece of paper with a message to deliver to the future generations. Except that in the case of crop circles, these Beings make it not for their descendants but *-through a transdimensional technology which goes back in time-* to themselves and to their ancestors in their past.

This Being represented on this crop circle is a member of the "STS" corpus and a humanoid coming from the entropic future of humanity. He tries to warn us - *as well as himself in his past-* of our errors. This to avoid to certain human beings the adversities to come and to allow them to extricate themselves from their "STS" loop of retrocausality.

*- It is moreover for this reason that the authentically deciphered messages contained in crops circles have only rarely been notified to the public-.*

By intervening on his human past, he offers himself as well as to the "STS" of his lineage, the possibility of recreating another alternative future to his entropic future.



It is from the same entropic future, that he is communicating by interposed crop circles. **And it is only if his human part manages to rectify his errors during his current embodiment, that this Grey Being will have made a success of its mission, of that to offer to his human shape the possibility of returning in orientation "STO".** It is thus important to understand that certain "Grey predators" are not necessarily enemies of humanity. They are

the descendants of an entropic future of humanity. (They had been the famous kind "STS" humans of today.)

**Most of them became predators of the current humanity -just like the reptilians- because they had been afraid of the change when they were still human and had preferred to remain enfeoffed in the matrix of 3<sup>rd</sup> dimension,** at the service of the Dracos and Reptilian corpus.

And contrary to the what claim some profane or stupid geobiologists, certain entities sometimes hang on in the aura of an individual and are transformed into energy vampires, **exclusively because their human counterparty remained too lazy to launch themselves seriously in the quest of Knowledge and Truth.**

**It is imperative that all the individuals gone in the quest -but also those who claim themselves to be "love and light"-, become aware to which extent can the denial of themselves, of their predatory part can go, if they really want as they claim it, to offer their unconditional love to these entities, which became their official energetics predators out of necessity and because of the pathological deafness of the current humanity !**

Most crop circles, if they are not directly created by the military technology subordinated to the New World Order to disorientate the researchers of Truth, result from the art of crossing space-time of the Beings of the future. **These galactic consciousnesses of 4<sup>th</sup> density "STS", sometimes more rarely of 5<sup>th</sup> density "STO", were human in 3<sup>rd</sup> density themselves. They returned both from the future to help humanity transit in its new dimension of consciousness, in better conditions.**



To understand the formation of crop circles, Émanents © and other phenomena of appearance / densification of Consciousnesses/spirits, let us return to the physics of the atom.

The atom *-in other words the particle of matter -*, exists only if it is observed or perceived by our senses. Otherwise this atomic particle could not exist, because it would only be a vibratory wave *-or antimatter - !*

**Absolutely all our visible and invisible environment is established of waves when we are**

**not conscious of it.**

These projected waves are put in movement by :

- either our own human consciousness to permute them in infinities of atoms materializing directly the everyday life of our own bubble of perception,

- or generated by an egregore of superior Consciousnesses of 6<sup>th</sup> and 7<sup>th</sup> density to materialize our environment, our living environment (the earth, the water, the elements, the heat... And the circumstances, the hazards or the fortunes of life...).

However, these two forms of creative consciousnesses *-separated only by our ego/intellect -*, are only a single entity which every human being call God, Goth, God, Allah, Dios or the Great spirit, the ONE ...

Between these two dimensional extremes, that is between the 1<sup>st</sup> and the 7<sup>th</sup> density, consciousnesses express themselves by their densification on the first three plans (1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> density) which are the ones of the matter, the atom and the elements (the mineral, the vegetable and the animal-human being).

Worth knowing is that the 1<sup>st</sup> density, that of the mineral, is the only density common to all the others.

The 4<sup>th</sup> density *-the real seat of human consciousness -*, project itself in 3<sup>rd</sup> density through its own body of matter "the human being". This one being only an evolved animal because he is the only one to possess in this 3<sup>rd</sup> density, a potentially evolutionary self-awareness.

However, other parallel realities or dimensions exist in this same 3<sup>rd</sup> density ! They represent those of our past and of our future. Finally, the 4<sup>th</sup> density is nothing else than a 3<sup>rd</sup> dimension parallel to our 3<sup>rd</sup> human density, which is more or less shifted in space-time.

It implies that the entities such as the Greys, the Reptilians, Arturiens, Pleadiens... are only humanoids whom the centre of thought and its shown reality, is situated in our past or our future. These Beings, perceived by human consciousness, thus are embodied in the antimatter. That is why it is impossible for us to perceive them with our consciousness of linear time.

The present thus establishes the junction between past and future which represents, in this linear time, that of a tiny fraction of a second. The reptilians are thus shifted in time by this tiny fraction of a second in past, and Pleadiens, Arturiens, Cassiopeans are also shifted by this tiny fraction of time in our future.

We can perceive them only when we manage to abandon our linear conception of time and it can only be done through the pineal-pituitary complex during a meditation or a modified state of consciousness and when the magnetic field which surrounds the individual **or a group of individuals**, is modified some way or another.

But this phenomenon of shifted time compared to our present, also concerns in 3<sup>rd</sup> density our perception of certain intelligent animal entities which begin themselves to develop self-awareness. We call them elementals. They are the Fairies, Elves, Pixies, Sirens, Unicorns,

Dragons, Big Foot... which populate our legends, but who can sometimes materialize in our current present under the shape of an Émanent ©.



As we have already described it, it is only when the magnetic field around us modifies that our reality modifies. These "appearances" always arise from a parallel reality resulting from our Being. They show themselves through our unconscious and appear to certain people when they become capable of perceiving beyond the present moment.

This shifted time can sometimes also let appear other prehistoric animals, disappeared or futuristic species, such mammoths, dinosaurs, sabre-toothed tigers and mutant animals such as Chupacabra or other entities of the cryptozoological bestiary.

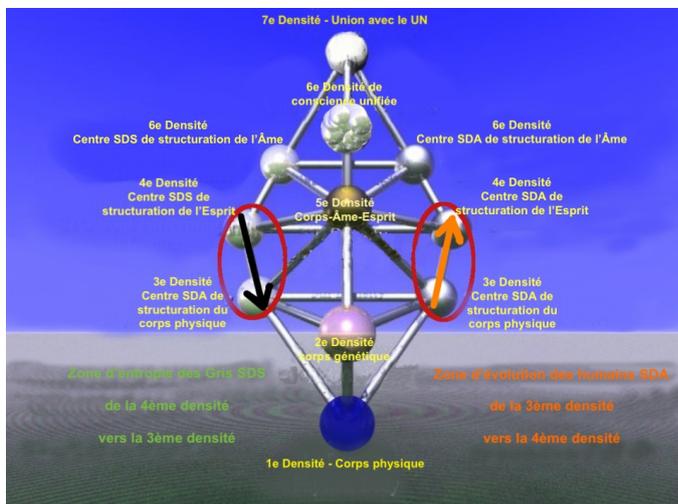
**So, when a dimensional window opens in our reality, this one only results from our individual or collective subconscious, which shifts slightly of our present time and which projects, densifies and manifests its reality in our present, by a new gravitational layout which becomes as dense, real and tangible as a cow grazing in a meadow.**



In summary, the human being and the humanoid makes the link between the manifested : The physicality, the matter, the atom, the visible... and the centre of thoughts : The manifestation, the Consciousness, the vibration, the invisible.

It is the Greys " STS " by means of their intellect and of their high technology and the human beings " STO " through their Consciousness and through their DNA - *when it will be restored-*, who are the only ones to be able to transcend the barrier of space-time and "to transport themselves" physically in another dimension of reality.

However, Greys are limited by their technology to the 4<sup>th</sup> density. Well and truly physically present in other parallel realities, they populate mainly only entropic worlds. Whereas the real human being "STO", will be capable of building up for himself new alternative realities to stay there freely. He can realize these sliding from a reality to another, only thanks to his Consciousness of 6<sup>th</sup> density to which he will have learnt to be connected.

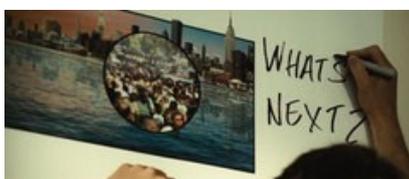


*Black arrow: Entropic evolution of the "STS" Greys from the 4<sup>th</sup> to the 3<sup>rd</sup> density.*

*Orange arrow: Evolution of the "STO" human being from the 3<sup>rd</sup> to the 4<sup>th</sup> density.*

Sketch from "The Secret History of the World" by Laura Knight Jadczyk

This human being of the future will thus live in the 5<sup>th</sup> density which will show itself in another alternative future. It will be densified, real and tangible in a 3<sup>rd</sup> density with a "STO energy" and will carry out **A NEW STAGE OF EVOLUTION OF THE HUMAN RACE.**



The 5<sup>th</sup> density of consciousness -*situated beyond the 5<sup>th</sup> density-*, orders and organizes the various plans of densification of matter and realizes its manifestation in the universe which we perceive.

Beyond the 5<sup>th</sup> density, Life is not really divided, gathered on a single plan anymore, as the human beings could perceive it. But the Universal Consciousness expand itself in all densities and dimensions at the same time, through the cycles of Life. It becomes then capable of manifest itself in a fractal way on all plans where it already has given birth to a world of matter where evolve multiple forms of life (the plant, the animal, the human being, their environment and the parameters of their experiences). These manifested worlds represent "the Universe of the Creation".

Simultaneously, to maintain balance in its worlds, the Universal Consciousness also authorizes the destruction of a part of its creation. It manifests the circumstances through the entropic subconscious of the "STS" part of humanity, so that matter can become wave or antimatter again and achieve its cycle in the natural order of the Universe.

The disintegration of worlds or the ultimate chaos ending in a black hole, establishes the natural order of the Universe. Once passed through the black hole, the Wave can become again particle when a Consciousness will manifest gravitational conditions to this end.

This Knowledge of seven densities was expressed in the symbolism of the seven-branched candelabrum : The Menorah.

The human being, not suspecting that he is divided between both Worlds : The Creative World and the Created World, behaves according to his degree of consciousness "like an animal". He considers himself unique and thinks that he is either inside, or outside of the Universe which surrounds him. He thus finds himself in the duality, remaining subjected to his beliefs.

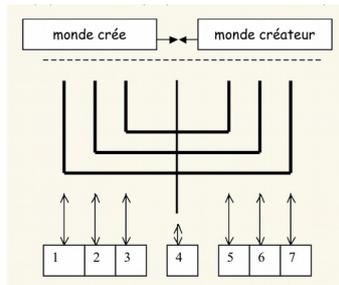


The first three left branches, that is the 1<sup>st</sup>-2<sup>nd</sup>-3<sup>rd</sup> densities or the mineral, plant, animal world, represent the visible worlds : **The Created Worlds** (the matter, the atom perceived and read by our human consciousness).

The three right last ones, that is the 5<sup>th</sup>-6<sup>th</sup>-7<sup>th</sup> densities are : The human Consciousness, Superior Consciousness and the Creative Impulse which is the Origin of the Universe. These dimensions of density evoke **The Creative Worlds**, the antimatter, the creative vibratory Wave, the Spirit.

The structure of these Creative Worlds is absolutely immaterial for a consciousness belonging to the Created Worlds, such as the human consciousness, because it is untouchable, invisible, inaudible to us thus imperceptible by the human senses limited in space-time.

**Between the 7 branches, the 4<sup>th</sup> : THE HUMAN BEING in his Universe of 3<sup>rd</sup> density.** The balance, the breach to be filled by the one who was the Man in the Service to Self "STS" or the one who will be the Man in the Service to Others "STO", **when he will finally accept in "his present", to become "STO" again.**



He thus represents both the created Being “the son of God ”, subjected to the laws of space-time of the densified Worlds and at the same time, the creative Being, represented by his Spirit, his Higher Self.

Very few species of the branch in 1<sup>st</sup>-2<sup>nd</sup> -3<sup>rd</sup> density are aware of it. The most evolved animal being called "human", appear only on the 3<sup>rd</sup> branch of the Menorah. Most of the acts of Man stay despite what he believes, totally unconscious and mechanical, and most of the cases of an ancestry "STS" of 4<sup>th</sup> density because very frequently their impacts do not correspond to the impact wished by its real human part.

The role of the human consciousness transposed into the atomic level, can thus play at the same time the role of the creative wave or the created particle, in other words the role of the creator and its creation.

Hence the most elementary subatomic shape of the atom (*The Higgs Boson, sometimes called God's particle*) and according to the vibratory frequency in which is situated its Creative consciousness, can be at the same time wave or particle.

In other words (according to the Angel), as a consciousness expresses itself through a body of embodiment or through a non-embodied Spirit (scientifically speaking, whether this consciousness is subjected to a strong or low nuclear interaction or not, an electromagnetic interaction or gravitation) the Higgs Boson is at the same time wave becoming particle or particle becoming wave again.

**- Interview N° 19 of October 29<sup>th</sup>, 1943 with Gitta Mallasz in *Dialogues with the Angel*.**

*Http: // sd-2.archive-host.com/membres/up/664976 93963381614 / Dialogues\_avec\_lAnge.pdf "*

*“Gitta : What are 7 centres of the man ?  
What is the function(office) of each ?*

*- Seven steps. You know three.  
The fourth, you believe to know it.  
Three are the created world. Three are the creative world.  
In the middle the bridge -but it is not the knowledge.  
Stone -Grass -Horse. [Mineral-Vegetal-Animal, of our spring(competence)]  
What comes later is not the Man,  
Because the Man is 7 together.  
For you it is still very difficult to seize.”*

The human Soul is thus present in the Creation : In the Created Worlds, but missing in the Creative World. The latter thus lacks psyche *-the Soul is translated by psyche in Greek-* but become creator or generator of impulse, of creative inspiration, of creative vibration. The evolved animals *-such as the human being who is a member of it-* possess a psyche, a Soul.

Therefore, the Man takes place between both worlds *-hence the symbol of the Christian cross* : The created world and the creative world, the top which connects with the bottom. The Human being *-as every humanoid in other dimensions-* thus realize the junction between these two worlds : The worlds of matter and the immaterial worlds.

He thus lives at the same time at the top of the created worlds of 1<sup>st</sup>-2<sup>nd</sup>-3<sup>rd</sup> density and on the base of the creative worlds of 5<sup>th</sup>-6<sup>th</sup>-7<sup>th</sup> density, in circumstances subordinated to purely spiritual Beings.

The human being in his body of matter is formed of the same chemical elements that those which enter the composition of animals, plants and mineral : Atoms, molecules, particles.

The Human and the superior animals have a common element : The psyche which differs widely from one specie to another. Through these fundamental strengths, humans possess a resemblance with the animal kingdom, nevertheless he possesses an element common to the pure spirits that Greeks name "the pneuma" which means "breath", the creative impulse, the power to create.

Then God said, "Let us make mankind in our image, in our likeness, so that they may rule over the fish in the sea and the birds in the sky, over the livestock and all the wild animals," and over all the creatures that move along the ground."

So God created mankind in his own image, in the image of God he created them; male and female he created them.

*Book of Genesis 1.2.6.-1.2.7-*

The human being is related to the animal by the psyche or the Soul, but also is with the Spirits by the breath or the creative impulse. His fall of a purely spiritual state, thus in an intermediate state (that is in that of Adam) corresponds to Man's current status embodied in 3<sup>rd</sup> density, compounded of three elements : Body, Soul and Spirit.

Gitta Mallasz also said about the Angel :

"He is my invigorating half, **we are his animated half !**"

\*\*\*

Let us return then to the extra-temporal entities or to the time travellers : The Greys !

As we have already mentioned it repeatedly, these so-called "extra-terrestrials" who usually

interact with humanity, are not really Aliens. They are extra-temporal travellers who transport themselves outside of time, by means of technologies mastering gravitation. These antigravitational techniques (of steel and bolts) resort to a said free energy. But let us not forget that nothing is free in the Universe, even any form of energy, as the transdimensional entities would want us to believe by offering us this free energy technology. There is always an interest hidden behind a present resulting from the "STS" corpus.

When we understand that Greys are the human beings of today who failed in passing "to the Service to Others -STO" in their future, and that they cross the barrier of space-time "to return in the past" to modify their human past and engender another possibility of future, then we can understand that this technology does not result from a human consciousness embodied at present, but is passed on to us by a much more intelligent consciousness resulting from the past or the future. However, intelligent signifies by no means more evolved and it remains the problem of humanity today.

It is necessary to understand that Greys reached entropy because they kept cultivating their intelligence and consequently their extraordinary technology. But they never succeeded in developing their own DNA and their intuition, which would have been able to offer them the possibility to change dimension of existence by taking the place of their sciences. Whereas the "STO" needs no science to become creative of a new temporal line, a new alternative future !

The consciousness of mister Keshe is probably the same that of Tesla. By drawing his information of his future, mister Keshe demonstrates us that he is committing the same error committed in the past by Tesla, because his information comes from the "STS" corpus of the future, in other words, the Greys. Would History repeats itself again and again ? **Loop of retrocausality oblige...**

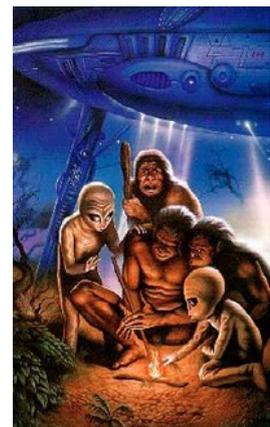


**This know-how is not terrestrial but transdimensional "STS", it always was with any high technologies.** In the History of humanity, they were passed on to us most of the time by human consciousnesses coming from the 4<sup>th</sup> density of the future. Even the prehistoric man being a member of the animal kingdom, had not invented fire ! It is by its Spirit connected with its "future of 4<sup>th</sup> density ", that has passed on to him the **Information** to do it ! An animal, even very evolved, is incapable to create fire !

Also, the people of Atlantis did not know the wheel, but moved by means of antigravitational vehicles, technology which already resulted from their future.

<http://rustyjames.canalblog.com/archives/2013/07/25/27708031.html>

They knew the densification / dedensification of materials and antigravitation, while the wheel, the cooking, the agriculture had only been delivered later to their descendants and survivors of big cataclysms, so that they could evolve on new bases, from a more elementary and simpler technology. It was the Golden age corresponding to the temporal line which ends with the humanity of today.



Let us ask ourselves then the following questions : A what stage of evolution is the current humanity, at the wheel or at the antigravitational technology ? And what became of the old Egyptians with their free energy and their sciences which were much more advanced than ours ?

To lead us even farther in the reflection, we can also wonder why the peoples of old Egypt, those of the pyramids, hyper sound planes, cordless electricity then interplanetary vessels, possessed the antigravitation, while contemporary Egypt uses only the cabled electricity and circulates with vehicles in wheels and power-driven gasoline.

What happened ?

Did not the god Annunakis come to colonize the Earth by means of interplanetary vessels ? They undoubtedly did not fly with diesel !

Did they not initiate human beings to agriculture in the garden of Eden ? Then over time, facilitated the work by offering them the technology of the wheel, the internal combustion engine and the hydrocarbons ?

Other observations... Why Atlanteans too, possessed antigravitation while they did not know the wheel ?

What became of the old Atlanteans with their more modern technology ?

What happened to them ?

The answer becomes clear when we ask ourselves the good questions. Isn't it ?



**Here is thus the answer of the Angel on this matter :**

(As we have already repeated it often, the Angel is our Consciousness coming from our future or our transdimensional Supraconsciousness !)

In a now close future humanity is going to be endowed with free energy among which antigravitational energy, but it is also going to be chipped, watched, totally controlled. It will be the price to pay for its presumed freedom.

But after a while, it will undergo the same fate as the descendants of the old gods, the Sumerians, ancient Egypt, Atlantis, and will be destroyed in its 3<sup>rd</sup> density of "STS" existence, as at every end of cycle.

What means that during each of these destructions, at the end of a big cycle, the survivors always drew and found in the memoirs of their spirit, the technical means necessary for their survival, and then established their "STS" new civilization on these imperatives of survival.

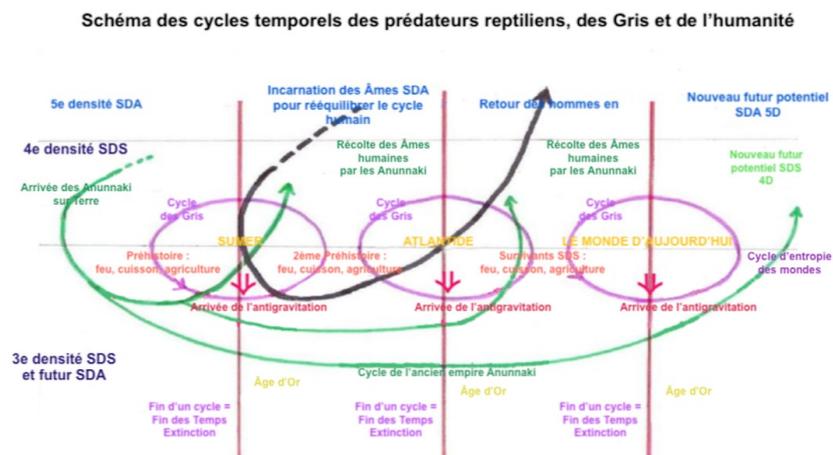
Nowadays, doesn't the human being still works to live or would we say rather to repeat infinitely his patterns of survival ?

When he works until the exhaustion (his retreat), he refrains from giving himself the time to observe and to wonder about the sense of his life. Arrived at retirement, he is too tired, formatted and indoctrinated to have still the courage to put himself in it. He could otherwise understand that there is a more enriching and more life-redeeming alternative to his "STS" terrestrial existence of 3<sup>rd</sup> density. Think about it !

These survivors -just like your current humanity- perpetuated then instinctively in their new world, principles, values and foundations of their former world which had disappeared. Consequently, the instinct of possession, the fight, the power, the hierarchy, the duality and obviously technology, remain engraved in the programs of their DNA. And they invested all their intelligence there, their male polarity at the "Service to Self -STS" ! Isn't it ?

Their Souls began again every time a new human cycle crossing the same stages of their evolution, passing by fire, cooking, farming, the cereal et vegetable crops (the poisoning by carbohydrates), the internal combustion engine, nuclear power and finally the free energy and the antigravitation, to come to an end after all by its extinction, marking the end of a cycle. **History reproduces itself perpetually.**

### Sketch of the cycles of the reptilians, Greys and Humanity



Global disasters always marked out the end of time. It was not thus very difficult to some to become prophets, only because they knew how to let their subconscious speak.

Nevertheless, at every end of cycle, occurred a transition of another category of individuals - either bodies and Souls, or exclusively by the Soul – towards alternative futures. These individuals are the ones who had learnt to return "in the Service to Others -STO" and who had made a success of their process of Ascension. And this Ascension "STO" on other plans of existence will occur invariably after a part of humanity was endowed in secret, of the

antigravitational energy supplied by Greys, during or shortly after the official institution of the New World Order.

The times are close where the servicemen of the "STS" corpus submitted to the New World order of the Greys, will use this incredible and secret technology, to proceed themselves to the extraction of a part of the terrestrial population to repopulate their future World.

Greys who collaborate with the latter, replay too their own loop of retrocausality. And it is true until some of them in the course of the reincarnations of their Soul in a human body, discover their "STO" progress. (see the end of the 1st episode of Taken of Spielberg) [https://www.youtube.com/watch?V=\\_i\\_R0oXe8jk](https://www.youtube.com/watch?V=_i_R0oXe8jk).

It is thus in this way, by an adequate mental deprogramming resulting from their centre of thoughts "STO" of 4<sup>th</sup> density, that humanity began to evolve again.

- *It is exactly just like what certain current scientists begin to realize by teaching sign language to certain great apes !* -

But also, while modifying the perceptions of your centre of thoughts, the "STS" of 4<sup>th</sup> density, themselves situated in the antimatter -*that is the past / future with regard to your perceptions*-, succeed in flooding humanity in endless illusions... and it so that the human being can exceed his biggest initiation : That to reach beyond the illusion of death, cross the gate of the 4<sup>th</sup> density and become again creative of a "STO" world, as was the human being before his Fall ! That is before the arrival of Annunakis, Dracos, Lizzies and others reptilian of 4<sup>th</sup> density.

**And this initiation consists in discovering HOW TO GO OUT OF THE CAVE OF PLATO !**

[https://en.wikipedia.org/wiki/Allegory\\_of\\_the\\_Cave](https://en.wikipedia.org/wiki/Allegory_of_the_Cave)



\* \* \*

Let us approach now this chapter with the subject of the DMT and in passing, by the effects of the poisoning with sugar and with medicine -*antidepressants and psychotropics*-, on the smooth running of the pineal.

*Wikipedia*

:

*The dimethyltryptamine (N, N-dimethyltryptamine) or DMT is a powerful psychotropic*

*substance (often synthetic but also present in a natural way in several plants among which psychotria or Anadenanthera). It is considered as a narcotic in certain countries. Appearing pure under crystalline and generally smoked shape, it gets a quasi-immediate and short-term hallucinogenic effect as well as a near-death experience in certain cases certain studies connect this near-death experience to a possible production of dimethyltryptamine by the pineal gland).*

*The DMT is a by-product of the tryptamine in which the atoms of hydrogen of the atom of nitrogen situated at the end of the carbon chain are replaced by methyl groupings.*

It has for semi-developed formula  $C_8H_6N-(CH_2)_2-N(CH_3)_2$ . its chemical structure is close to the psilocin or the serotonin.

<https://en.wikipedia.org/wiki/N,N-Dimethyltryptamine>

The DMT : Dimethyltryptamine is a hormone also produced naturally during sleep by the pineal gland, called epiphysis. It is contained there and could be compared with the fluid surface which in the television series " Stargate " or " The door of stars ", acts as diaphragm in the mechanism of the door of stars.



Usually, and much more during the day, the epiphysis produces melatonin, the molecule of the biological clock leading the rhythm sleep / awakening. This gland situated in the middle of the cranium between both lobes of the brain, is naturally very permeable and perceptible to the variations of the magnetic field which surround the body and consequently, extremely sensitive to the effects of a short-lived or definitive modification of the gravitation.

### **Precision of the Angel :**

Such modifications of the magnetic field in your environment occur frequently enough. In nature, they even sometimes take place very suddenly, for example during an impact of lightning.

When they start in a more progressive and steady way, they can also be generative of an electric current leading to a difference of potential of great importance within your DNA. (See the movie Powder)

A similar process of manipulation of the electromagnetic field is used by the occult secret services via the Mind control to bring certain psychopath to kill.

This gap of electromagnetic potential affects the Earth for example during massive cometary impacts on its surface and generate automatically transformations in any present DNA in its biosphere. If such a discharge affects an individual, he would then be projected in another

reality which is not exactly in the same density or the same dimension which surrounded him beforehand.

However, a progressive change of the gravitational field can be also provoked by the difference of potential between the centre of thoughts/consciousnesses, resulting from superior dimensions of density and the human consciousness of 3<sup>rd</sup> dimension, **when they succeed in being connected and in communication**. When an individual succeeds in reconnecting his Supraconsciousness and as this reliance progresses and becomes refined, it affects and modifies naturally the programs of the DNA.

This DNA project its programs in the everyday life of the individual. However, **his reality will modify only provided that the mechanics which generates his/her entire deep beliefs, are totally stopped, rejected and freed**. Among others, it represent the attachment, the guilt, the fear, the control, the possession, the desire... which represent all thought-forms of the predation.

All these unconscious and said "human" mechanisms *-but who are only those of the predator-*, shape, muzzle and inevitably hold Man in the matrix, and express themselves constantly in its reality of 3<sup>rd</sup> density "STS".

Understand, please, that by persevering firmly in imaginary and restricted beliefs, the man prevents his transformation to become truly Human. **Maintaining the forgery, perpetuates the forgery** and your society is established on this principle.

**The metamorphosis can be made only by the will, the strength of character, the courage, the audacity, that possesses the individual to look, to discover and to experiment his quest by himself. His perseverance and his patience to want to change, to discover the truth, will consolidate him little by little in the apprenticeship of his Knowledge. Even if the evidences that he discovers during his quest are opposite to all his values, his principles, his education, his culture, his religion, his philosophy... he will have to overcome all these conditionings.**

Every teaching transmitted by a guru, a shaman, a master of wisdom, stays only theory when this education is not applied. The pupil who decided to get rid of any dogma, must put into practice the education, feel it, to experiment its validity.

**That is why real Knowledge must be integrated to the deepest part of your cells. And it is the only and unique way of spreading, of increasing your Consciousness to finally succeed in modifying your reality.**

This internal metamorphosis leads at the same time, to a gradual modification of his gravitational field, thus his environment and a notable variation in his own field of consciousness and experience.

Now, as nature is well made, this modification comes true gradually to prepare the physical body and the psyche of the individual for a soft transition in his new reality, this so that he can succeed in integrating it and in adapting to it.

Imagine if this Transition is brutally made and that you prepared neither your body, nor your mental (which is the case for most people). What would happen ?

Such a transfer would destroy at first immediately any DNA and any form of life which would not have begun to adapt itself to it.

However, the surviving individuals **who would have not prepared themselves enough for it**, would suddenly see their DNA modifying itself, affecting violently their spacial and temporal perceptions which would probably make them succumb to madness or to disease. The most resistant would repopulate a new 3<sup>rd</sup> terrestrial density to the "service of every man for himself", in a hostile environment with very difficult conditions (probably a new ice age).

Others having succeeded **by a long and laborious internal work to get rid of all the programs** which confined them in the reality of 3<sup>rd</sup> density, would also survive. But their DNA which would have become operational enough to support the shock of the change, will have allowed them to migrate in a 3<sup>rd</sup> parallel density "STO", corresponding to the 4<sup>th</sup> "STO" density of consciousness.

Consequently, in their new "STO" reality that they will have known how to model themselves through a new gravitational layout, they would become then capable of changing dimension and density at will, and of **building up themselves consciously new potential of future to penetrate there in good conscience**. They would be also able to cross matter, to levitate, to walk down a wall in 90° or to walk on water -*such Don Juan in Castaneda* -. Having overcome the laws of nature which govern the 3<sup>rd</sup> density and the barrier of space-time, they will then have also become time travellers.

**Understand, please, that it is only your restrictive programs of 3<sup>rd</sup> density "STS" that prevent you from realizing these performances and your transformation.**

Of course, the human being did not arrive at this stage yet, but some are not far from realizing this Transition with their physical body. They are the ones who understood how **Consciousness creates gravitation, which in turn modifies Consciousness !**

It is a quantum rule which is of a merciless logic. Consciousness, whether human or universal (which in the end is same consciousness), uses antimatter -*the undulatory form of the ether*- to express itself and give him a concrete and tangible form.

It models matter by solidifying this antimatter in the present, by effect of gravitation. It corresponds to the real sense of the word "to create" and it is so, from the Consciousness of 7<sup>th</sup> universal density, that the Universe is created : The Creation.

The gravitation acts like a magnet. The magnet is no other than the observer who sees or feels. His role being to agglomerate then to congeal the undulatory form of the ether, to densify it in multiple fields of atomic particles. They take a form and a tangible consistency : The matter, which human consciousness can read and feel, through his five human senses.

Thus, Consciousness is the unique vector of the gravitation which in this way realizes its reality, in the only purpose to generate a ground of experiences for the Soul. When the Soul succeeds in assimilating the experience which proposes the Consciousness, it contributes to increase the Consciousness/intelligence of the Universe, which in this way grows rich of this experience and is expanded towards his future.

The Consciousness of the Universe *-or God-* is forced to build up Itself myriads of realities densified by the duality, to be able to grow up and develop. Because it is only through densified dimensions that It can acquire experience and evolve.

**Thus, it involves that the more you reach in your human consciousness-intelligence to revolutionize your beliefs, the more your environment and your experiences of life modify. And the more your environment modifies, the more this quantum phenomenon will contribute and will support the change to become your Truth which in turn, will modify your consciousness and will show your new reality.**

**Thus, Consciousness creates gravitation indeed, which permanently shapes your reality. Gravitation contributes to modify Consciousness. Then if the gravitation modifies itself, human consciousness modifies itself too. And if your environment modifies because of any gravitational disturbance, your human consciousness perceiving this change, will evolve of itself.**

And it is this theory discovered by the quantum physics that *unfortunately*, only a handful of you live, taste and experiment **consciously** at the current moment. They are the ones who understood that to change their DNA, they raised their consciousness by applying THE KNOWLEDGE in their everyday life *-and not to limit to believe only what arranges them-*.

**This universal rule about the awakening of the consciousness and its effect on the gravitation, is the KEY which should allow the Man to modify his reality and to understand the change which is outlined on the horizon.**



\* \* \*

**Let us resume our investigations on the functioning of the pineal gland.**

In the twilight, the epiphysis stops the synthesis of melatonin to produce the endocrine DMT.

The pineal : "The biological stargate" of our body would put itself then in function, authorizing the Spirit to leave the body for the 5<sup>th</sup> density during the paradoxical phases of sleep. This phase of sleep is the one during which occur dreams which we remember. It is characterized by fast eye movements, decrease or even disappearance of tonus and muscular contractility, an irregular breath, heart rhythm and physical temperature.

It is also at this moment that occur nightly transdimensional attacks by entities of 4<sup>th</sup> density, these famous black Shadows (see dialogue 38). We can observe thus sometimes on a strictly physiological plan, a dilation of the pelvic organs and occasionally night-erections.

The electric activity of the brain at these moments there, is close to that of the waking state. This means that the Spirit having left the body, control however the vital functions but is not anymore, the master of muscular activities.

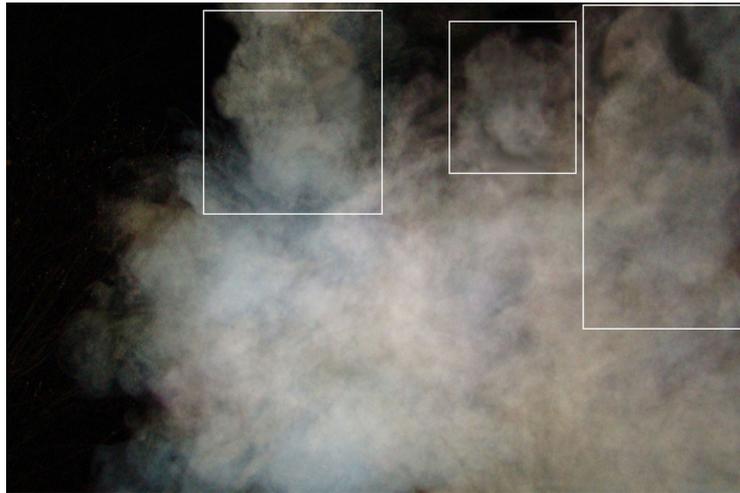
*- It is sometimes during this phase of sleep in the absence of our Spirit, that the "STS" transdimensional entities manipulates the pineal. And on the abductees, they sometimes take the DMT to incorporate it in their bank of human-alien hybrids fetuses. -*



This state of semi-awakening would also explain some visions during a deep meditation or a state of hypnosis. Such moments *-when our Spirit leaves our body by the door of stars-*, sometimes produce resurgences of random memories and visions resulting from other plans of existence. Thus, these correspond naturally in furtive one look through a window opened on another world, either on a parallel dimension, or on other densities of existence. They reach our consciousness, only as our Spirit reinstates its body of 3<sup>rd</sup> density.

However, a hormonal overdose in DMT causes hallucinations. These can be then bound to a profusion of DMT of extra-physical origin -hallucinogenic drugs, Ayahuasca or other alkaloids -, who in a way submerges certain tasks of the brain and obstructs its functions of selection of the perceptions. The brain becomes then incapable to proceed to the sorting of these visual, hearing, olfactive or other sensations ...

He would almost be the same for the taking of antidepressants or consumption of excessive sugar. Except that these substances block literally the functioning of the door of stars, in other words the faculty which possesses the Spirit to come and go as it pleases from a body of embodiment to another one, from a dimension to another one.



Spirits coming from other dimensions who densified in ours

**This is what the Angel had still revealed us about the misdeeds of the sugar on the functioning of the epiphysis :**

Do you know that the astronauts adopt a very hypocaloric diet invented by the NASA, which aims at optimizing the food contributions and at deleting any gluconic contribution in view of reducing the effects of the microgravity and the gravity ?

<https://astronaut.com/overview-of-an-astronauts-diet/>

The diet of the astronauts is a diet very poor in carbohydrates and sugars or completely lacks it when they are in antigravitational orbit.

Guess why ?

Set apart the practical aspect to avoid or to decrease the gastric problems, the food requires the application of certain precautions. While they are in orbit around Earth, astronauts live and work in an environment of antigravity or microgravity. Thus, crumbs and dry food (as powders and condiments), float and risk to contaminate their environment if they are not confined.

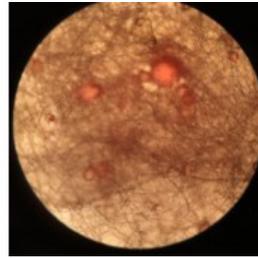
But more disturbing still is that the **gravitational deficit causes prolonged "hallucinations" and frequently enough, "exits outside the body" during the sleep of the astronauts.**

During the first flights in orbit, scientists had discovered that certain cosmonauts of return of mission had reported experiences outside the body which were particularly testing and after investigation, had connected their faintness with the ingestion of sweet food.

**An abuse of carbohydrates would thus risk to block the "Stargate" as strands of cotton candy which would crystallize in the epiphysis.** This physiological accident would hinder the return of the Spirit in the body during its sleep, as in the series "Stargate", an agent of return of mission which would find itself blocked outside of the door of stars.

It would thus drive the astronaut in a kind of vegetative coma up to his return to Earth or in an

environment where gravity rules. This phenomenon has already killed several cosmonauts but was still put at the expense of a technological or human failure, and never has been revealed.



Cotton candy-like filaments preventing the pineal from functioning properly

**The locking of the pineal by carbohydrates occurs in the same way in the life of an individual consuming too much carbohydrates.** The spirit becomes with difficulty capable at this moment, to travel between the almost locked dimensional doors.

**The pineal, prevented by the effects of sugar, becomes incapable to fill effectively its role.** The Consciousness remains then trapped in the 3<sup>rd</sup> density of existence, your current human body. Therefore, when your Spirit explores other dimensions or densities, you have only vague memories of your journeys in the form of dream.

- It is not thus only the calcification, the fluorine, the heavy metals, a deficiency in crystals of apatite... that participate in the malfunction of the pineal, but carbohydrates contribute themselves to it largely. Here is thus a new illustration of the way which the "STS" diverted the researchers of their real quest of Knowledge. -

It is always necessary to have in mind that the **Consciousness creates the gravitation and that a modification of the gravitation changes the perceptions of the consciousness !**

**The sugar prevents the Spirit / Consciousness from modifying or from creating new effects of gravitation, which *let's repeat it* defines your reality. It restrains or at least prevents the human consciousness from remembering when his Supraconsciousness creates alternative worlds in other dimensions.**

This is the way the telepathy, the extrasensory perceptions, the precognition, the teleportation or any other shape of information exchange between two people, two entities, that is two forms of consciousness, remain inaccessible to the human being in 3<sup>rd</sup> density. But these faculties will be returned to humans, if they produce the necessary efforts to develop them.

Do you understand then why communities or islands "love and light" and the vegetarianism is only an umpteenth machination in which the entities "STS" try to attract you ?

The Human mind prevented by the sugar *-even the one contained in fruits and vegetables-* becomes incapable to move between dimensions or densities of reality, because the DMT

supplied and overloaded in carbohydrates -and not in glucose made by glycogenesis by the body-, retains him irreparably in 3<sup>rd</sup> density "STS".

The predators of the man cunningly replaced the glucose made naturally by gluconeogenesis by a glucose synthesized from carbohydrates. By entering the composition of the carbon chain of the DMT, the carbohydrates and others "sugars", become inhibitors of this DMT. In the same way as carbohydrates become inhibitory of the telomerase (enzyme of the immortality - see dialogue 39).

Fructose, carbohydrates or others sugars found in fruits and vegetables hijack the natural production of DMT by the pineal, preventing the Human mind from circulating from a dimension to another **"in full consciousness"**.

It is at the time of the death of the individual that the Spirit can release itself from its body which retained it prisoner in 3<sup>rd</sup> density. But this spirit will be brought to be infinitely reincarnated as long as the Soul does not learn the lessons of its experiences allowing to modify the programs of its DNA.

It is therefore not a question of wasting time discussing the ethical and emotional merits of vegetarianism, of carnivorous or omnivorous food, but it is crucial to understand that vegetarian food and then the omnivorous diet are the modes which slowly and slyly cause the most important carbohydrate poisoning. The heart of the problem has again been displaced to lose people in their discernment.

The corpus "STS" has impressive ways to divert you from real problems. It is therefore important to understand how far the harmful effects of fructose and carbohydrates caused by the over-consumption of certain foods, including some fruits and vegetables too rich in sugar, can go.

So, metabolic dysfunction -skilfully hidden by carbohydrates during the vegetarian experience -, re-appear then rightly at the time of the weaning of sugar and of the entrance to keto-adapted mode by your body. **Consistently, it is really carbohydrates which hid most of the metabolic dysfunctions and which disguised the malfunction of your body under a visible good health.**

\* \* \*

We had noted that the symptoms of the weaning appeared according to the reduction of our gluconic food. Did we lack carbohydrates ?

We thought at first that the diet "keto" was responsible itself for our problems but also knew, that we must persist in this way of feeding us. By force of circumstances -which naturally is of the guidance -, pains of the transit and the weaknesses persisted throughout our phase of food paleo-keto. What did we have to discover of these pains, what had we to learn of this evil ? To find the answer to our questioning became vital.

These abdominal pains becoming so strong, we had had no other choices that to stop eating vegetables until recovery. **We noticed then with bewilderment that to feed only on animal**

**proteins and fats, to delete the contributions in fibre (resulting from vegetables), quickly relieved us of our problems and gave us more spirit and vitality !**

This is when we understood how to convert us towards a keto-adapted lifestyle, while supplementing us in vitamins and minerals until complete recovery of the intestinal wall and our natural faculties.

<https://www.sott.net/article/278956-Are-you-prepping-your-diet>

By this experience, we also determined that fruits and modern vegetables -sometimes even organic -, contain practically no more vitamins and minerals and are far too rich in carbohydrates. Obviously after researches, this article arrived just at the right moment in answer to our own experiences and discoveries :

<http://fr.sott.net/article/24589-Les-fruits-et-les-legumes-jusqu-a-100-fois-plus-pauvre-qu-il-y-a-50-ans>



Glucides

### **The Angel pursues :**

Understand now why reappear these deficiencies.

**The metabolic dysfunctions re-appear today, not because the keto diet engenders deficiencies, but because these deficiencies in nutriments and vitamins were previously already well settled.** They had silently established themselves during your period of feeding as an omnivore or vegetarian, because they were hidden and relieved by the excess of fructose and carbohydrate contained in fruit and vegetables, cheeses, cereal and other pastries.

The physical reactions which you undergo in your body are inflammatory reactions which appear in reaction to the spontaneous cure and to the restoring of certain major hormonal functions (called reaction of Jarisch-Herxheimer

[https://fr.wikipedia.org/wiki/R%C3%A9action\\_de\\_Jarisch-Herxheimer](https://fr.wikipedia.org/wiki/R%C3%A9action_de_Jarisch-Herxheimer))

In the case of the weaning of sugar, the appearance of deficiencies in diverse vitamins can show themselves in the form of :

- Cardiac palpitations
- Diverse pains among which muscular and articular
- Headaches
- Difficulty of concentration
- Insomnia
- Appearance of brownish freckles on the skin
- Digestive disorders
- Tiredness
- Unstable feelings, gloom, irritability

These unpleasant reactions reappear in your body because the anaesthesia of the symptoms caused by the consumption of carbohydrates settling down slowly, masked the signs. It begins now to lose its efficiency and quite simply, the symptoms wake up.

**These inflammatory syndromes thus reveal the same signs as the lack.**

\* \* \*

To conclude this chapter, let us remember that the problem of vegetarians is that they are often carriers of important vitamin deficiencies and in minerals, but do not know it. They feel thus healthy because the symptoms which could put them on alert, remain profoundly concealed by their exclusively glucidic diet.

Omnivores are systematically eaten away by a whole range of autoimmune diseases; which medicine refuses to connect with the daily consumption of vegetables far too rich in carbohydrates and incompatible with the metabolism of proteins.

This vital rule which consists in not mixing fruit and vegetables but especially cereal with a meat-based food, had not been established by Greys of the entropic future when they were still human.

At this end of cycle, some of them try to restore the disastrous situation of the present humanity. They try to help the human beings. But they do not do it out of selflessness, sympathy or compassion toward humanity as we could think of it, but exclusively in interest to the service of their own redemption !

They operate in all domains, be it technological, energetical, dietetics, environmental... It is them who, despite the wild opposition of the former reptilian empire, delivered the Magrav technology to Keshe and to Putin. Thus, they assign themselves in rescuer of humanity only for their own interest, in other words in Service to Self.

Thus, they act by no means in the Service to Others as other stellar people "STO" do it. But by putting the act of trying to repair their past, some of them through the reincarnation of their Soul in a human body, will probably manage to pass in orientation "STO" at the end of a next cycle.

It is important that humanity is informed about the intention of the Greys and about their role of "buffers" in the balance of the cycles of the Universe, not to be put to sleep again when their "technology of the future" will circulate freely within the terrestrial society.

They will come to light probably soon, because they are the only ones being able to show themselves in 3<sup>rd</sup> density under their real appearance or disguised, in any appearance even as human. It will be a question then of remaining watchful and pursuing the quest of Knowledge, preparing us for our final transition in a new reality of existence.

Passed on by Sand and Jenaël