

**Love is the energy of balance**



*Last night, I had a dream. I can not remember the context very well but there was a person in the look of a disheveled scientist (it was my inner guide) who was talking to me about energy, batteries, polarities, motion, vortex... then at the end, I remember this sentence : “too nice for your own good”.*

*Woken up at 6am, perplexed and not feeling at ease with myself, I went back to sleep asking for answers. It is now 11pm and I feel a presence.*

*Once again I find myself in front of the computer in order to transcribe what is said to me :*

- Imagine yourself, a small magnetic bar on an axis placed on a table, with to each end of it a positive pole and a negative pole.

What can happen ? ... Nothing.

In order for something to happen, you will have to bring another magnet closer with its opposite pole at the end of the small bar.

What happens then ? The bar will turn on its axis.

In real life everything functions on this mode of attraction-repulsion.

The positive energy is not the opposite of the negative energy.

They are not opposite to each other but complementary.

Light is not the opposite of shadow, but its complement.

It is thanks to shadow that light reveals its reliefs and its beauty and becomes color, and it is thanks to light that shadow can express its tones and its depth.

For you humans of planet Earth, you my brothers and sisters, all of you who have chosen to incarnate yourselves in this end of time, remember it at every second.

Life is a spiral that uses both light and shade polarities for its creation.

You have chosen to be incarnated, chosen to go through the experience of the illusion of duality, of separation of polarities.

You have chosen to go through the experience of shadow and light.

You can not experience one without the other.

You can not reject one to the detriment of the other.

In the macrocosm and the microcosm, life develops itself in the form of a spiral, there are a multitude of examples in the nature, around all of you.

However, have you managed to make the relationship between the structure of your DNA and life ?

During my last visit, I had already talked to all of you about DNA.

I had told you that the Christ inside yourselves, is an enzyme that your creators have integrated in your DNA.

Your christlike power triggers itself by non dual thoughts, which means emitted in a state of emotional neutrality.

Christlike power means the harmonic execution of your life, of your creation, of life on planet Earth.

Harmonic means that you recognize, accept the piece of shadow inside yourselves, in your fellow neighbor, in your comrade, your governments, etc.

The piece of shadow corresponds to the negative polarity that allows the movement.

Do not think that if you pray for peace on planet Earth, only by visualizing humans as nice, happy, luminous... that you will stop wars and planetary destruction.

As long as you will not recognize the role of shade, that you reject the dark parts of your personal stories, and that you are afraid of the current planetary modifications, you will not be able to use your Christlike power.

Because the secret for it to be "moving", is to recognize the dark light as being an integral part of evolution.

Evolution is based on the centripetal force of positive and negative, like the eye of a cyclone that puts itself into moving through the conjugated action of positive and negative ions of the atmosphere.

It is the same as for your DNA. Each DNA strands contains polarized codons (positive - negative), which awards to them this spiral structure that you all know.

Your DNA is engraved since your birth in this world, to attract in your life the experiences that make you able to grow in the matrix of illusion.

It is like if your soul had inserted a default program, to experiment your path of life. However as you are aware that you are human angels, it is for each of you to get out of this matrix of illusion by starting with recuperating your Christlike capacities.

In this way, the goal of your incarnation is to create your reality in the most dense “habitable” dimension for your soul. This, consciously and not in an unconscious and mechanized way anymore, as your soul (that being yourselves) had programmed it before your birth. The Christlike consciousness will then be given to you depending on the path that you will take.

It is by accepting to make the choice of your evolution, by using both present polarities in a situation or a problematic, even if you are not aware of all the aspects of your shade, that you will learn to love truly.

It is at that moment (which is no more than the point zero in quantum physics), that through interior thinking, you can ask to your cells and to your DNA to change this default program.

And it is in the balance of your emotions, that meaning by accepting the experience as it presents itself, without any judgement and no reaction (you are allowed to cry about it, I advise you all even), that you will generate a magnetic field of neutral attraction. This one is produced through emotion which is no other than the outcome of an energy which is putting itself into movement. This movement is generated by the total acceptance of both polarities.

You then become a magnet\* (love-in), love in the self (the self that learns to magnetize itself in order to attract the circumstances of the evolution of the soul). You can then attract towards you situations or experiences that you will have chosen for the elevation of the soul, and no more experiences programmed by default.

You will therefore learn to take the orders of your own life. You will then have between your hands the strength of creation in the capacity of Christ.

Understand well, it is about making a choice.

This choice lives in Love for the self, by becoming a magnet (love-in) by accepting your weaknesses, your defaults, your darkness.

You then attract in your life another magnet (“love-in”), that being a new situation, a person, a new comrade... whatever, it will be you that will have attracted it.

In this end of time, the cosmic energies of the source of every thing, reinforce in an exceptional way the possibilities of creation.

As a Christ, you will learn to “save” the worlds, as the two complementary polarities are present in your density.

These polarities represent a potential of phenomenal energy of creation and co-creation.

So I ask to all of you again, find the Christ within each of you, do not give away your divine power in a god, a guru, a government, exterior to yourselves.

You are human angels, you are human Christs, it is now time to raise yourselves to take back your life in hands in full consciousness of your acts, with the information that I have given to you all. In my time also, I have learned to love myself, like I have learned to love each of every one.

I have learned to love shadow and light.  
I love you as easily as that.  
I am your brother, I am all of you, you are me.

\* “magnet” in french means “aimant” which in sounds “aime-en” that is “love-in”

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Oh la la, everything becomes clear for me !

Yes... “too nice for your own good”, that was what we always told me at school.

This has been a long time that we do not say it to me anymore, however it is only recently that I have been aware of this weakness that was inhabiting me. I was always ready to give my shirt, to give a helping hand. I have done it several times by the way, and many have made the most of it. So, have I made any progress ? Maybe on this aspect.

However, for all that I look around me, it is the relational desert. I notice that I have very few friends. I also notice that there are many people that I think that I like and others that I think I do not like. Despite everything, the ones I do not think I love, I respect them and I have a lot of sympathy towards them, as I am aware of what they represent for me.

While I was writing, I was rummaging through the internet in order to find an illustration of DNA. Guess what... I fall on a website talking about the development of DNA and its reprogramming! I call this magic of co-creation with my guide.

See you soon.

Jenaël