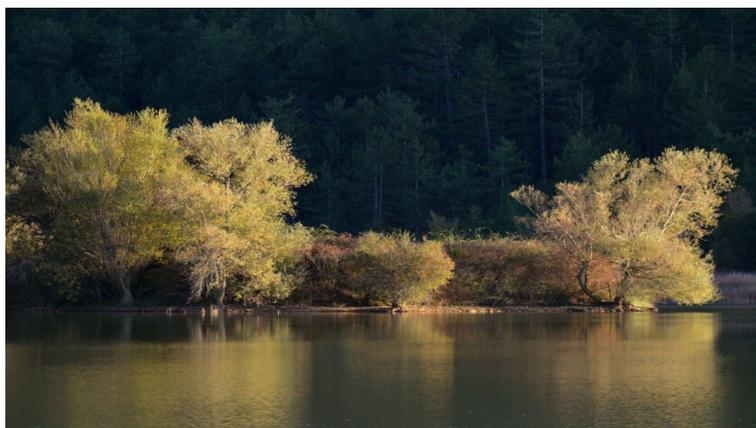


**Beyond the rabbit's hole of Alice
&
The physics of the Ascension**



In our previous paper, we mentioned that we were going to explain the existing difference between the caste of the "Service to Others" and the caste of the "Service to Self" who live in 4th density. These two Forces coexist in 4th density / reality of existence where we find the redeeming lineages belonging to the Federation of the free Worlds and the predatory lineages from Orion.

The 4th density of existence thus is to be considered as a world where reigns a precarious balance between these two Forces. The 5th density (or the 6th density according to some authors), is so to speak the dimension of existence "above" the 4th density where the instinct of predation stopped existing. Beyond remain the dimensions of existence where reigns the Consciousness of Unity. But the densities connected to these dimensions of existences are not really physical anymore. We specify that when we speak of 3rd, 4th, 7th density, we are only using conventions so that the human mind can make a representation.

However, at the moment, we have not yet finished experimenting the implication of these two forms of Service in our everyday life of 3rd density and understanding their intricacies in the human psyche. We are not yet capable of communicating more in this connection.

Before going into the heart of the matter concerning the quantum process of the Ascension, it is essential -and we noticed it around us- for our readers to be clearly informed about our approach.

Sand and I shall not stop repeating it as long as needed, that the path which we borrow is the one of OUR ULTIMATE JOURNEY. But it is on no account the one which leads towards a new Golden Age, that is intended to lock us into an umpteenth matrix of 3rd density.

As the days go by, we are brought to realize breath-taking awakenings which even in our circle of acquaintances, few can accept. By moving them closer with those of the few people who, just like us have access to these superior or parallel worlds, we mutually consolidate our invaluable discoveries.

At the time transcribing them in our dialogues, major keys are offered to us to immerse us even more profoundly in the realities of these other worlds.

As we came to these "revelations", we found for example that all sorts "of double agents" belonging to the "predatory matrix" under control of the predators of 4th density, are "sent" to us via the subconscious of some people among our relations, leading them to adopt a very particular behaviour. We had recently been able to realize it because these entities try to sabotage our group and sometimes, manage to do it.

The individual who are carriers of this double personality are not generally conscious of it. They totally ignore that a predatory entity of 4th density substitutes itself to their personality. This entity generates a vibratory transfer of its consciousness of predator by partially short-circuiting the consciousness of his host -by means of his ego- and by emitting vibrations which are not in adequacy with the Higher Self of the individual.

Being connected to our Higher Self, we were able to reveal this phenomenon because this entity takes the energy of the person and exhausts his circle of acquaintances. Their behaviour, when we know how to decode it, becomes fundamentally revealing.

Having learned how to understand and perceive the unshakably predatory nature of these Beings native of 4th density, we admitted that we were crossing a new stage of the Knowledge, which was again going to surpass our beliefs.

We had to learn to differentiate the multidimensional mirror effect - the one which allows to detect the mode of predation of the ego - **of another shape of predation** resulting directly from the 4th density and which skims the matrix of 3rd density in the collective unconscious.

However, we understood that from the moment we unmasked them, these entities cannot set up themselves any more as predator, nor damage us. They can even become extraordinary sources of information which allow us to understand their functioning through the human psyche.

Knowledge can sometimes become terrifying. But if we accept the frightening nature of Knowledge, we eliminate at the same time what makes it terrifying.

Therefore, we can certify, in view of our personal experiences, that this world of 3rd density is almost completely subjected to the goodwill of the entities and the predatory agents of 4th density. These use trickery to the highest degree to maintain a maximum of human beings in this density, which apparently serve them as "pantry"... or worse still...

Thus, it is important not to confuse the Ascension towards a 4th density of consciousness with the Transition of humanity towards a New Golden Age of 3rd density.

Even if many refuse to admit it, this next Golden Age (the New Age), will be nothing else than the resumption of a new karmic cycle of embodiment of a few million years. There is a multitude of web sites, books and spiritual guides, of "galactic channels", gurus of any plumage, who intend leading the individuals in spiritual quest on this path.



The malignant scheme of the Illuminati of the New World Order is genuinely established. Progressing in the shadow of the reunited religions of the world. Here's a fine selection of puppets who support the new religion set up for the Golden Age.

They even have sometimes the honesty to mention it explicitly in their texts as in the extract below:
<http://galacticchannelings.com/francais/mike14-11-14.html>

*"While the changes on Earth continue, the end has arrived, but we assure you that you are well and truly in **the preliminary of the New Age**. There is a lot of work to be made to eliminate the vestiges of the former methods and **introduce the benefactions of the New Age**. Many are already existing but were held until the good time comes when they can be revealed. You already have an idea of what they are, and they will make you progress in many domains, among others that of transportation. You will be propelled **in a future which will allow you to surmount the necessity of exploiting the resources of the Earth**. I am SaLuSa and I am happy to give you an overview of the future, which will soon become your reality. So many things will come to you and will **raise you towards a new Age**".*

Or even to announce clearly the arrival of the aliens as below:
<http://stopmensonges.com/the-event-levenement-va-bientot-arriver/>

"This Event will be without any precedent on Earth, expect something enormous. But it will not be the official announcement of aliens on Earth, because according to my sources, aliens wait that this Event occurs and that the Cabal is definitively removed from power to make their official appearance.

These are the 2 essential conditions so that they show themselves in broad daylight. Several weeks will pass between this Event and their arrival on Earth, because it is exactly this Event which is going to wake the whole world population all at once. Once this "world awakening" happened, they will leave a few weeks to human beings to acclimatize themselves to this Event because according to them, too much all "at once" could not be accepted by the most fragile human beings, yet they want things to go smoothly and because that they are the least concerns possible with their official arrival."

Our work -following the example of the Planners of life- **is to accompany those who have really heard the call of their soul** to join the 4th density of consciousness, to reach beyond. It is for this reason, that we allow ourselves to speak openly of our karmic experiences, our everyday life, our realizations, our feelings, our visions, our perceptions of things.

We too passed by a New Age phase in the prelude of our progress, but we always knew how to maintain our intuition and our discernment to rule it out quickly. Obviously, the way to extirpate us of this falsified matrix of 3rd density is very uncomfortable and is not a bed of roses, far from it ...

To stay camped on one's experiences amounts to sit on a ticking bomb ready to explode at any time.

We often hear this kind of assertion:

“- I am not worried! I am ready, I went to visit my emotional and my karma a very long time ago, it's OK... What you tell me does not concern me anymore. You only go around in circles ...”

While these same people are incapable to see that they are playing in a sandbox filled with mud.

When we see what we are going through, we can assert that even for us nothing is won. To walk towards a state of consciousness of 4th density and to dig up all the facets of our personality profoundly hidden in our humanity, **asks us an extreme vigilance** and is excessively testing and uncomfortable for the ego.

This kind of adventure is the real way of the Ascension. It leads at first to the collapse of any marks in our everyday life, then to **the resolution of all of the karmic process and finally, to an intensive work on emotional balance.**

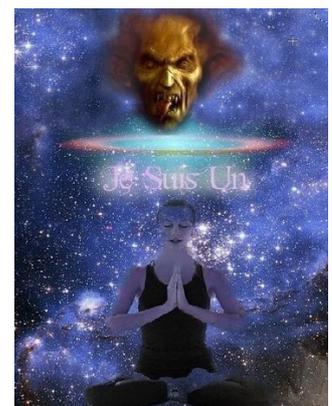
It is only then and little by little, that we began to have access to elements of Knowledge resulting from higher dimensions. Then we succeeded in being in relationship with parallel worlds of Elementals and gradually those of superior densities.

Thus, we are absolutely not surprised that in our entourage or among our New Age readers, some people take us for crazy, Angels of the Shadow, narcissistic perverts... That is their right. We neither want, nor can convince nobody, but we grant ourselves the right to exempt ourselves from their vampirization, if the case arises.

In the meantime, we persevere in the transmission of the messages of our Superior Consciousness that we call the Angel, to allow those who answer to the call of their Soul -and not to the appeal of the ego which insidiously persuades us that "we made it"- to pursue their progress towards the 4th density of Consciousness and towards the "definitive Translation" when it will occur.

Thus, it is a challenge and a colossal stake which is so much more important than to stay simply in a soft torpor: Our "well-being, our abundance, our self-contemplation, our personal development, our meditation, our practices of Tai Chi, Yoga and others... until "our extra-terrestrial brothers": Dracos, Greys and others, disguised as false rescuers, false Masters or false Angels of light, land their vessels to supply human beings with new technologies, such as the free energy, the cold fusion, the extra-temporal journeys, etc.

All this is wanted only to maintain humans in a matrix of 3rd density, sentencing them to a new cycle of reincarnation.



The stake is well and truly to free our Soul, prisoner of its matrix karmic plan, by allowing It to exit from this vicious cycle of 3rd density. There is the real stake of the Ascension!

Do you understand then why throughout our texts, we constantly repeat ourselves?

It is necessary to understand that the Ascent towards the Golden Age is nonsense. **It is a manipulation of our beliefs, resulting from the predation of 4th density and established by the consortium of the New World Order, to let us believe that returning in a cycle of the New Age corresponds to the Ascension. That's not the case, it is completely false!**

Even when the New Golden Age will begin -and it is going to be the case- it will be too late for those who will not have listened to the call of their Soul, they will not be able to go back.

It is not because:

-Big predators are evicted from the stage of world politics:

<http://lapressegalactique.net/2014/09/03/la-cabale-perd-la-bataille/>

- That a major event is announced, and that extra-terrestrials will land on Earth, to announce to humanity that they neutralized the Cabal:

<http://stopmensonges.com/the-event-levenement-va-bientot-arriver/>

- That the banksters of the finances are massively arrested and that puppets are taken down of their threads:

<http://galacticchannelings.com/francais/interviewwilcockdrake.html>

- That a mysterious superman from space will show himself after these first events:

<http://stopmensonges.com/qui-est-cobra/>

- Or that the Archangel Michaël, Metatron, the federation of light or others, predicted and support these changes that:

Each and every one of us, shall be ready to show and express our own reality in our existence - as individual consciousnesses of 4th density.

It is not because it is coming true and because the human being is bewitched and hypnotized by this spell which is being set up, that it is going to allow him to raise his own consciousness in 4th density! And it is exactly to prevent him from doing it, that all this artificial paradise will be staged.

It is essential that we understand it, **because** the real ambush of the matrix did not close itself yet and because the real trappers are not of this world.

Because they always allowed themselves to be distracted and **because** they will never have made the effort to go look for real information, many are those who will be captured when the moment will come.

This major "Event" planned by the " consortium of the shadow " has all the chances to finalize itself because since the 1950s, gigantic anti-gravitational vessels, such the TR3 or the TR3B, or the huge cigars vessels of the so-called Asthar (<http://ufotopsecret.over-blog.com/page-1884535.html>) are

made by subterranean factories of the secret consortium, **in this only purpose**. (See [Dialogue N°32](#))



TR3B



Cigar vessel

When "the Event" will happen, know that they are by no means our brothers from the stars. Absolutely nothing of that kind!

At this moment, there will be no place for doubt. Our only "protection" will be our intuition, our discernment and our vibratory alignment on the frequency of echo of our Beingness, that is:

THE CONNECTION TO OUR HIGHER SELF AND KNOWLEDGE ACQUIRED THROUGH INFORMATION.

It obviously has absolutely nothing to do with goodness, kindness, benevolence, devotion, etc., which are only virtues inculcated to humans since millions of years, to divert them of any possibilities of Awakening.

Our colleague Jacques-Gérard Vésone splendidly expressed it in one of these e-mails:

Charity and devotion:

*"... These words are, according to me, deadly and abominable. It is, according to the set of the world religions, the virtue which results from the effort of humanity to "go out" of its status of autonomy, wrongly called: "Egoism", and with the aim of **making the self-sacrifice to others or to a Master or an Avatar**. This virtue inculcated in humanity since millenniums is a mortal diversion. It is also a good test. In this effort, supposedly virtuous, the Being forgets himself, not to say sacrifices himself, as Jesus or other avatars, such as Osiris. By his individual death, the follower or believer, joined the legion of the sanctimonious persons who serve the "cause". But **WHAT CAUSE?...**" (The continuation appears on our site here: <https://bienvenussurlanouvelleterre.jimdo.com/témoignages-résonances/les-mails-de-j-g-vésone/charité-et-dévotion/>)*

Having said that, to return to the subject of the day and for those who are interested, let us keep disentangling the Ariane's thread. We suggest that we return to a rather strange event which we experienced last month.

Sand and I were able to feel a new vibratory acceleration through our physical body which one more time, knocked us out during several days. Sand had even developed a curious sudden fever. We quickly understood that there was an incoherence between the flu-like symptoms of Sand and the context of these beautifully hot and sunny days of mid-October.

Thus, we questioned the Angel who, we recall it, represent the deepest part of our unconscious connected to the field of information of the Universe and who is **for us**, by far the most reliable and the most fascinating information source to which we have access.



Question to the Angel:

The flu-like state of Sand, is it in connection with memory and emotional liberations or is it connected to something else?

This kind of flu-like symptom generally comes from memory liberations. But in certain cases -as in yours- the surprising symptoms appearing in your body, are sometimes owed to interferences resulting from frequencies of consciousness of 4th density. In a way, these frequencies represent those of your future.

When at times they encroach in your consciousness of 3rd density, they generate in a way an **energetic collision** between two different frequency bands. These occur from time to time by more or less strong waves and can lead to curious demonstrations in your physicality. These states of being, close to flu-like syndromes, are the reflection of an "effective progress in the opening of your consciousness".

When certain information from your Higher Self is convenient for your process of awakening, they take "consistencies" in your psyche and have the effect of waking the "Knowledge" which slumbers at the cellular level.

It is exactly about this kind of phenomenon which you describe when you evoke "the Information which comes down in the body". This mechanism of integration transforms the Energy / Information into material / sensation which your consciousness can then interpret as being perceptions and feelings, bound to your akashic memories of the past (or karma) or to those of "your future".

When your human mind connects itself to the Knowledge -that is when you activate your intuition- your biological system makes new neuronal networks, to increase its cerebral efficiency. The

increase of the intellectual activity coming from the deciphering of your subconscious -the Higher Self- causes in the pineal-pituitary complex, very particular electric stimuli which release big quantities of hormones as among others melatonin, serotonin...

These hormones which are neurotransmitters, play a leading role in the regulation of biorhythms. When they are unloaded in your body by an overactivity of the "**subconscious**" and when this kind of information is passed on and analysed by the rational system of the ego/mental, there is a very particular **chemical reaction which increases the intellectual excitement, and which has for effect the weakening of the resistant part of the ego.**

The effect of these waves of energies thus produces on the biological plan, a light increase of the quantity of these "hormones peculiar to the subconscious ". By generating temporarily, a small hormonal imbalance in your body, it is translated by an increase of the intra-cranial temperature -especially at the level of the temporal lobes- and temporary sudden high temperatures. When the intellectual excitement begins to decrease, the fever falls again until it is transformed into shivers. This is beginnings of the effect of this energetic wave, which affects the candidates for the Transition in 4th density.

Thus, it is natural to burn and to cool alternately, following some "sequence of awareness" or during "connections" to superior dimensions of consciousness. It can be described as a "transmutation" bound to the wave of the rising Energy which interacts with each one of us, according to our own frequency of resonance, which is the one of the essence of our Being.

The energetic fluctuations which are bound to this "ripple effect" cause temporary instabilities of the waves of gravity. These, influencing your biological balance, are felt and sometimes translated in the body by incongruous symptoms or from curious pains.

In summary, the other part of yourself which is a higher Consciousness of existence -present in the superior dimensions and that you call the Angel- begins so to speak to inhale you towards "HIS REALITY", the one which will be yours very soon.

Your personal Ascension thus will happen when the multidimensional realities inhabited by fractals of your Soul, where other aspects of your Being remain, will have merged with the parcel of Soul of your present reality. It is only at this moment, that is when this process will be accomplished and finalized, that your Being will propose you this Transition in another density of existence.

These symptoms resulting from genetic mutation within your biology are on no account to consider as a mystic phenomenon. This metamorphosis, hardly perceptible for many of you now, is made through these electromagnetic impulses of natural and cosmic origin, which prepare your psyche and your biology to pass in 4th density of existence.

For the moment, this metamorphosis is hardly detectable and your transformation proposes you only a kind of "experimental sampling" of psychic possibilities of 4th density. But this kind of real-life experience is going to become more and more obvious as your expansion of consciousness grows.

This process of dimensional interpenetration, in the same way as it shows itself within your biology, can also come true directly in the field of consciousness which creates and models your reality.

Thus, always have in mind that an extension of consciousness, a progress at the level of Knowledge leading the individual to a new stage of Awakening, causes a radical change in his everyday life.

This change of "quantum life" comes irreparably along with "quantum stirs" in the magnetic matrix of 3rd density. So, when this matrix operates a major shift at the level of the individual, any sorts of devices, such as domestic, mechanical, electronics, plumbing, car, can break down or malfunction. It also allows you to observe through their symbolism, the point where it is necessary for you to operate an "internal adjustment".

When new codons of your DNA are activated, your programs of embodiment modify and new possibilities of reality merge with those already existing. Any fragile device placed in the immediate environment of a person -who is going through a process of awakening- is incapable to resist these junctions of realities which appear.



Some manuals of alchemy or esoteric tradition or even in the "Prophecy of The Andes", hold a warning which mentions: ***"Be attentive to the signs"*** so that you can reveal in these signs, indications warning you of a change in the matrix. But most of the time, this kind of demonstration which should be transformed for you into indications "big as houses", pass under your nose or you choose to ignore them because they seem completely improbable to you.

But know -as know it the real shamans- that your important realization, as well as the wild resistance to these, act on the structure of the matrix of 3rd density. In reply, this one can disrupt the flow of cohesion of the matter which surrounds you and can create beneficial situations for your evolution or to the opposite, generate circumstances of any kind, uncomfortable, be it even intolerable so that these will inevitably be obvious to you!

In some extreme cases, it can even go as far as influencing Gaia -the Consciousness of the Earth- which reacts by causing storms, cataclysms in answer to some "negative influences". But It also can, so to speak "reward" you by a nice weather in agreement with the vibration of resonance of the inhabitants of the surface. (See Dialogue N° 26)

Even more impressive is that the Consciousness Gaia is even capable of answering "individually" to a targeted person, by producing micro-movements in the environment of this person.

For example, with the aim of disrupting a person's own field of energy -in reply to a "request of the Soul" - the Consciousness Gaia, by generating underground tectonic forces of shearing (led by the friction between two rocky plates), is capable of causing small local variations of the terrestrial magnetic field. This to generate instabilities in the distribution of the waves of gravity around the same person. It thus occurs at this moment, a loss of balance in the cohesion of the field of particles which surrounds the person, and which establishes the person's "bubble-universe" of 3rd density.

Even if your subconscious registers these disturbances in your unconscious, this kind of phenomenon is not generally perceptible by your human senses.

So, when this kind of instability builds up itself in your field of energy, it is possible sometimes that you are in the presence of a series of strange events, as for example: Objects which you suddenly lose or discover but which don't belong to you. Others that you abruptly rediscover, a long time after having lost them. Others still can break without visible reason. Even pets with which you are very close, can sometimes suffer from the situation by disappearing suddenly or sometimes even by dying from it.

It can also happen that your consciousness is propelled during a few moments in another reality. It is exactly what occurred during the "paranormal" experiences which you relate in the extracts of your book.



Your consciousness can sometimes be temporarily propelled in another reality.

To illustrate these "paranormal" experiences at whom the Angel hints, we propose you some passages of the book we are writing, where we evoke the most explicit, strange phenomena that we lived a few years ago.

We chose these few extracts, so that the reader can have a small overview of what happens when the consciousness of the human being crosses occasionally and quickly "a window of consciousness", to find himself in another reality or in another dimension.

Sand relates an adventure which happened to her in San Francisco where she lived for a few months:

"... I was with a friend who arrived from France to come visit me. Quite happy to show him my new environment, I had planned to take the public transportation to take him to visit the city.

I got first on the bus and inserted a dollar into the automatic machine to pay my route. I was going to go at the back of the bus. At the very moment I raised my eyes to spot unoccupied seats, I almost had a syncope. I discovered with a terrible dismay that most of the occupants of the bus were not human! They possessed humanoids shapes but were dressed in human clothes! I remember in particular a sort of giant looking like a big-foot wearing a T-shirt.



Taken by terror, I caught the arm of my friend, screaming at the top of my lungs by imploring him to get off the bus. Not understanding the reason of my sudden malaise, this one tried with great difficulty to calm me. The embarrassed driver stopped the bus to let us out.

I was panicked! How to explain what I had just seen. Nobody would have been able to understand me! Fortunately, my friend was accommodating and explained me that he also had already lived phenomena which he could not share with everybody... "

Other narratives told by Jenaël, illustrate exactly these dimensional intricacies from which he was a "target" and who would have destabilized him if it had had no knowledge on this matter.

The story of the screwdriver

"... At that time, I moved with my new partner in Wasselonne. The apartment which we had just rented was fitted out under the attic and some rooms were thus not very big. One day, being alone, I had to order the small kitchen and had decided to take up a small shelf with three levels. This one was simply constituted by four squared brackets, by a small rod in cross to stiffen it and of three small boards in massive pine. It was very simple, it was to be assembled with twelve pins and four screws. I thus had for only tool, a screwdriver.

The kitchen was totally empty. There was only a small table of camping where I put the screwdriver during the assembly and the parts of the shelf. I thus began to prop up the shelf in a corner to arrange pins. I took the screwdriver to place the first screw, then the second, then the third. Between every screwing, I put scrupulously the screwdriver on the table of camping. When I turned around for the last time to catch the screwdriver, nothing! It had disappeared!

I looked for more than ten minutes in my pockets, under the table, behind the shelves, in every corner of the room. Apparently, there was there a big mystery! Embarrassed, I then sit a few moments on the ground of the kitchen.

By the time I went to fetch another tool in the car, was on the table, at the place where should have been the screwdriver, a small plastic flower!!!"

"The missing kitten"

"... Six months after this curious disappearance, another strange story occurred in the same apartment. Being at the beginning of the winter, all the doors and windows of the house were closed. Four months ago, we had taken in and looked after a baby kitten of approximately two weeks, whom the mother had been killed on the road. He therefore had become very familiar and affectionate.

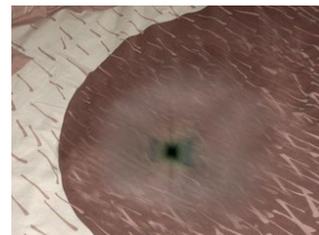
This day, Etoile, that's how he was called, slept soundly curled up in a ball in the middle of the bed in our room. This room contained two doors which were closed and one of them gave directly access to the



kitchen. I penetrated then into this room by closing carefully the door behind me, to put down a garment there and to reach the kitchen. By opening this other door -that of the kitchen- I collected automatically a linen which had fallen, to hang it up behind the same door. Hardly the time to make this gesture, that is to open the door, to suspend the towel and to turn me to verify that I had not woken the cat... but he had disappeared!

At this moment, I thought: "*woah, he woke up so quickly that he did not even take time to stretch as he usually does!?*".

Intrigued, I called Etoile... Etoile... All the doors and the windows were closed, it was thus impossible for him to go out of the room and even less of the house. For this day on when he had disappeared from the bed, nobody saw him again!"



"The ghost driver"

At that time, I did not know that things or Beings could be "swallowed by dimensional whirlpools" as I had the experience with the kitten. I had another illustration a few weeks later.

As I was visiting my patients at their home -when I still practiced as a nurse- I circulated by car in a small village of the Alsatian Kochersberg.



Quatzenheim

Arrived at the only traffic light of the village which had just passed to red, three cars which were in front of me stopped too. Suddenly, the driver of the second vehicle who was alone aboard his Renault 5, jumped up out of his car, by-passed it by the back and rushed into the bakery situated a few meters away. I saw him push the door and calling out to the baker.

I made myself the following reflection: "*well, he has to be from here, that one! He must know like me, that this light takes a long time turning to green. Still, he takes a risk by leaving his car right in the middle of the road and daring to venture in the bakery!*"

Strangely this day and much more quickly than usual, the light turned to green. The sir had not still got back to his vehicle and had not stood out from the bakery! Nevertheless, his car restarted! I was bewildered because I saw clearly that there was nobody else in the car!

"But who is driving the car? Is it controlled by radio or what?" I wondered, completely bewildered by this surrealist scene I had just witnessed.

I thus began driving forward slowly to see what was going on in the bakery. Arrived in front of the shop window, the baker stand quietly at the counter because there was no customer to serve!

"*What is this thing, is it a joke for the TV?*" I thought, starting the road again. But suddenly, I made the link with the disappearance of the kitten! I felt that "They" wanted to show me something. But what?..."



Quatzenheim

These experiences demonstrate well that the opening of a window of consciousness towards other realities is possible. In the quoted cases higher, this window on another reality opened apparently in an accidental way. But experiences of this kind were already realized by scientists of the secret consortium, either by manipulating the psyche of an individual by remote hypnosis, or by using anti-gravitational or anti-magnetic technologies to modify his environment (according to our Angel).

Thanks to our mysterious experiences, **we had understood that sometimes, the things which we see with our eyes, do not correspond to what should be.** And it is there that saint Thomas was mistaken. We should not believe all that we see or hear, because it is not always "the reality". Believe only in what we see or hear, can bring us down in a gigantic abyss. But by having faith in our intuition, our guidance, will allow us to avoid it and will return us moreover some favors!

Question to the Angel:

If Sand and I understood well, the reality which we see around us becomes our reality of 3rd density, only because our consciousness remains restrained to read waves of frequency of 3rd density (that is below the speed of light).

What will take place when we shall change density during the definitive Ascension?

You will simply, if I may say it so, be brought to modify completely the perception that you have of your world. To answer a little more exactly to your question, it is at first important to unwind this Ariane's thread to understand how your reality shows itself in your current density. To do this, let's dive back very briefly into the basics of the human psyche's functioning and those of the quantum physics.

As you have just expressed it in the question, your reality of 3rd density exists only because you perceive it through your limited human consciousness. Simply put, your perceptions are due to functions of your nervous system and your brain is specially "restrained", adapted to perceive and to decode only the 3rd density. **It means that to be "conscious" in 3rd density, amounts to read waves of 3rd density.**

It implies that when you begin to read waves of 4th density, that is information coming from this 4th density, you begin then to be conscious of this new reality.

At the moment, this function of reading -very limited- of your current environment, does not allow you to perceive the world as it really is. It is thus -according to your words- an illusion. But it is rather about realities which are deformed by the limits of your human cognitive capacities. The psychic functions which structure your capacity to perceive the world, thus produce only limited concepts, when they are not erroneous, which consequently engender beliefs especially adapted to your evolution in 3rd density.

This means that your brain sees only what it believes and tends not to believe what it does not see. It also implies, that it cannot see or understand what he does not believe. Therefore, to manage to perceive other dimensions, it is important that your psyche -through the structuring of your brain- can modify itself so that you can "download" new "capacities" to wake up the functions that are still dormant in your DNA.

How can you come to realize it?

By fetching the information which for example, allows your ego/mental to open and to accept that these other worlds exist and that other Beings, other dimensions, other realities, can turn out to be real...

Which also implies, to never take anything for granted, to open your spirit to new things, to new teachings, to the new truths.

To do it, it is essential to go to the collection of real information to succeed in climbing the steps of Real Knowledge. And it can only be done if you developed your intuition enough and especially if you know how to listen to it.

Even if in your researches you could have access to all Knowledge, this one would only be theoretical Knowledge, confined in the sphere of the mental, the intellect, which corresponds only to the primary and limited intelligence of the ego.

**REAL KNOWLEDGE IS A REAL-LIFE GNOSIS,
EXPERIMENTED AND ASSIMILATED BY THE INDIVIDUAL.**

Thus, there is no use spending time to only study, because it is first and foremost a question of understanding the experiences of life which proposes you your Higher Self.

Dash in search of the Grail, amounts to dedicate your life to the discovery of your multidimensional Being and corresponds to skip into the skin of the detective, the investigator.



Such as Sherlock Holmes, who always solves the mysteries and the riddles by a process in three stages: The observation of the indications, intuition and logic, even if often the logic of your world becomes completely obsolete in the superior dimensions of consciousness.

In order to teach your spirit to disentangle these esoteric and spiritual treasure hunts, hiding Knowledge, it is fundamental to accustom the intellect to make links, to cross-check, to sharpen its spirit, to perceive the link between events which do not have any relation to each other at first glance.

For example, among the humans:

- ❖ How many are capable of making the link between a plane which sprays in the sky and the infertility which affects more and more people?
- ❖ How many know that people inhale or eats daily nanoparticles in quantity, even in the organically-certified products?
- ❖ How many know that an acidified organism in the human being, is generated by the repulsed anger and that some of these nanoparticles develop in the form of Morgellons only on an acid ground?
- ❖ How many know that the intelligence of the Source authorizes the predation in multiple forms and that one of these forms shows itself through the human ego?
- ❖ How many know that the malefic will to sows death and destruction corresponds only to strengths of involution allowing "a balance in the Creation", comparable to the role of the black holes in the Universe?

To acquire this kind of knowledge, it is a question of developing a sharp sense of observation and deduction, an erudition and a full-blown curiosity. Then to return all the implications of your discoveries towards your own centre, your Being. And this, at any time to be able to ask yourself the fundamental question that every Being is brought to settle one day:

Who am I in this World, who was I and who I shall be in the others?

The Gnosis can thus become real Knowledge only if it joins the intuition and the emotional. **When you will have integrated the real Knowledge, you will be able of detecting certain truths even in the disinformation and reveal the lie in what apparently appeared to you as the truth!**

* * *

Let us be unwind farther this Ariane's thread and let us speak briefly about light, gravity, particles, atoms, matter, antimatter etc., which are all vibrations which establish the "big Universe" surrounding you. Understanding the basis of the functioning of the Universe is almost essential to understand the phenomenon of the Ascension and to not let you be fooled by the "gossip and rumours" conveyed by internet or others...

As you know now, your environment is "apparently" established by matter (that is of densified and

motionless particles of energy) and of ether established by waves in movement (as among others, the electrical and magnetic energy, the light, the gravitation, the human emotions, the heat, etc.).

The environment of matter which establishes your daily world and in which you are embodied, is a Creation which results from the Consciousness of the Source. At this level, this Creation looks like a kind of soup of waves / information constantly in movement.

Then, every individualized fractal of the Source – a Higher Self- becomes a Consciousness "authorized" to create a World intended "to contain its own Creation". This World is a kind of bubble which vibrates with the same frequency as its Creator. An individual consciousness under its human shape becomes then the centre of this bubble, which corresponds to the World manifested by this Higher Self.

So that an individual can "enjoy" the World created by his Higher Self, his consciousness under the shape of beliefs, must be able to project through his five senses in this sort of soup of waves which fills his bubble. As the consciousness falls in its bubble / world, it has the effect of slowing down the movement "until it congeals" certain part in corpuscles which becomes then matter.

These movements of waves and particles modelled by the Higher Self, correspond on the quantum plan to the multiple possibilities which potentially exist for an individual. The latter takes care to choose only a single possibility, to transform it into "his daily reality" through his beliefs generated by the ego.



*The multiple realities (the balls) coexist.
But the observer only chooses a single possibility
(one ball to play)*

By slowing down the vibration of a part of the cosmic waves/soup, the Higher Self transforms them into particles of density. These, therefore, form "the glue/matter" of the World in which evolves the individual.

The 3rd density exists only through the experiments of the ego. It thus represents a densified emanation of the Source, so that this one can experiment the effects and the consequences of its Creation, through its human extension. And it is the Soul which plays the role of interface between the individual and the "Creative Consciousness" to "collect the results" of every karmic outcome which the individual realizes throughout his process of embodiment.

It is the "ultimate or essential" Consciousness of the Source who for example, expresses Itself in the myriads of body of density which establish the environment of life in general.

Therefore, the density of the mineral, the plant, the animal, the human being, the supra-human being, and the multitude of waves and vibrations which constitute the heat, the light, the ether are common vibrations to the 1st, 2nd, 3rd, 4th, 5th, 6th and 7th density.

These various worlds of density are thus manifested through the forms of consciousness which live in it. For example:

- ❖ The spirit of the rock manifests the mineral world in 1st density.
- ❖ Devas, the Spirit of plants manifests the plant world in the 2nd density.
- ❖ The human being "Adam" under his animal shape of homo sapiens-sapiens, manifests the human world in the 3rd density, etc.



To illustrate the genesis of a dimension of density, let us take then the example of a child who decides to build a house with Lego. (This to draw parallels with what I am developing.)

From the moment when he opens the box of Lego -in an imagery way- he plays the role of "the Impulse" of the Consciousness of the Source, in other words the Intention of the Infinity.

He is thus going to use certain components which appear in the box, to reproduce something which looks like what he already knows in his everyday life: a house for example. To this end, he will have to use his consciousness, that is the Knowledge / Information that he amassed since his youngest age to realize this construction.

To combine the pieces of Lego, he is going to use pieces (representing matter) and a mental process (representing the energy), by using his cognition resulting from his limited knowledge. This comes to saying that he learns to realize a Creation, to enjoy through his emotional the final result: The house of Lego!

Let us suppose that the age brackets correspond to the various densities and to capacities to master his creation:

- ❖ At 4 years old, the child will realize awkwardly and approximately a construction in Lego that he alone, identifies with a house. This stage of his creation could correspond to the 3rd density limited by his capacities.
- ❖ At 8 years old -after 4 years of learning- he can realize a very elaborate house. This stage of his creation could correspond to the 5th or 6th density.

To make the link:

- ❖ Every age bracket corresponds to a new density and a new capacity to master his creation.
- ❖ The Higher Self is comparable to the sum of the knowledge/information that the child amassed since his earliest childhood.
- ❖ The house is the result of his creation in every present moment, no matter his age.

IT IMPLIES THAT THE CAPACITY OF CREATION OF AN INDIVIDUAL DEFINES THE DIMENSION OF DENSITY IN WHICH HE EVOLVES.

Thus, if the child had not been capable of collecting enough information -Knowledge- for example between his 4th and his 8th years of life, he would quite simply have kept building the same house as when he was 4 by the time he reached 8!

It is exactly what happens to an individual who does not fetch information -Knowledge- for his own evolution. (Here is an article which speaks about the importance to fetch Real Information (in French):

<https://bienvenussurlanouvelleterre.jimdo.com/témoignages-résonances/les-partages-de-frédérique-ahond/information-citoyenneté/> .

THUS, THE ASCENSION OF AN INDIVIDUAL CORRESPONDS TO BEING HIMSELF CAPABLE OF CREATING AND OF MANAGING HIS NEW WORLD.

His new Universe will depend then on the Knowledge that he amassed throughout his embodiments and that he can fetch today, thanks to his connection to his Higher Self.

Thus, it is a question of ruling out the New Age doctrine which advises hypocritically to drop the mental and to release yourself from the ego.

TRYING TO UNDERSTAND WHY IS THE FOUNDATION OF EVOLUTION

IT IS THUS ESSENTIAL TO KNOW YOUR PAST IF YOU WANT TO KNOW YOUR FUTURE!

Your past is the karma. This one gathers all the rules and the Universal Laws which establish the Knowledge: The Grail. This is being rediscovered through History, science, physics, mathematics, palaeontology, alchemy, astronomy... And should help you understand and manifest your future, by being conscious of the intricacy of the multiple hyper-dimensional realities.

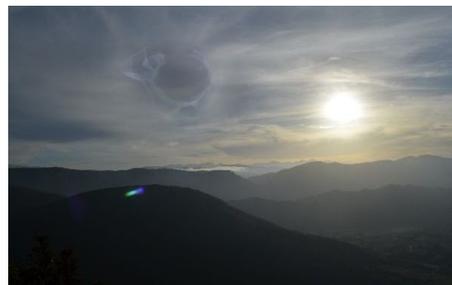


Photo montage

Then why is it possible to see your world in the form of solid matter?

Restrained by the deactivation of a big part of your DNA, your consciousness can only perceive the 3rd vibratory density. It is thus endowed with codes configured and planned to “select then choose” certain waves, and this exactly and only in this frequency of 3rd density.

At the precise moment when your eyes read them -that is when you grant them your attention by the fact of looking at them- these waves are transformed into motionless particles maintained in perfect balance by the combined action of your cognitive consciousness, the terrestrial magnetic field and by the terrestrial gravity.

To illustrate it, imagine that every individual in 3rd density lives in a sort of bubble established by every type of Information.



*Agglomeration of particles establishing the matter
(Humor... Here is how the polystyrene particles transformed into a cat!)*

In this bubble, certain forms of waves "practically congealed", become sorts of carrier of particles -molecules- to form the matter which establishes the environment. (For example, to form trees, rocks, water, houses, human bodies, animals, objects, etc.)

Other waves which remained in movement, are in charge of disrupting this environment of matter by becoming an electromagnetic support which transports energy (but without transporting matter), which will allow in fine, to organize and structure the events in the everyday life of the individual. (For example, it is what create the circumstances of life by an action, a thought, an intention).

The corpuscles of waves and matter thus differ between them by their mode of assembly, that is the way that harmonize "atomically" the molecules which compose them.

To illustrate in a very imagery way:

A mailman deposits the mail in a mailbox. The mailman and the mail are constituted by matter (that is a set of cells established of molecules which are -at the microscopic level- motionless waves).

The fact that the mailman moves to deposit letters in the mailbox, induces an action, a movement, which engenders a new layout in the arrangement of particles / molecules, materialized by the mailman. This movement of particles -represented by the etherical body of the mailman during the

movement- thus allows matter to move in space thanks to the support / vector –the etherical body- which is a demonstration of the consciousness / intention.

There was thus a movement of the mailman and the mail (the matter), thanks to the wave formed by the multiple Intentions of the Creation, that are the circumstances which make that...

The whole movements / travels (energy) of this material / molecule, permanently create new "circumstances of experiences" in the everyday life of the individual, capable of engendering any sorts of feelings (joy, disappointment, anger).

And conversely, every emotion engenders automatically "circumstances of experiences" capable of producing a new movement of particles / materials.

At all times, the individual **readjusts** this bubble of waves and particles through his five senses, **implied as much as by the resistances of his ego as by their acceptances, to generate energy through his emotional.** All which exists inside this bubble corresponds to his personal Universe, its own reality expressed through the limited programmes of his DNA.

(It is sensible here to draw a parallel. The predatory entities without Soul, that is without emotional, do not know how to create their own World, because they are not subjected to gravity. They can only thus walk in the non-time, because they are timeless nomads. They are then obliged to become predatory and to feed on the energy of creation of others.)

Let us resume the thread! A particle of matter is thus in reality only the solidified energy by the consciousness which observes it, carried by the emotion which is generated at that moment. It acts according to the dimension, that is to the vibratory frequency in which is the consciousness of the observer.

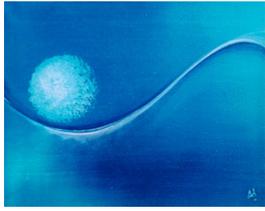
It means that the more the coding of the DNA -reduced to its simplest expression- expresses itself through the consciousness of an individual (who is still "dormant"), the more the wave motions in his own bubble are slow and the particles of matter dense / heavy. (It is the cause of the non-fluidity in life.)

Therefore, people who succeeded in rehabilitating their DNA and in releasing themselves of their emotional, can cross walls, matter, lift important loads, teleport, etc.

The "primitive" resistances inherent to the ego (the fears, the aggressiveness, the predation, the submission) thus suit the locked coding in the DNA and correspond to the consciousness reduced to a "vital minimum", to allow the Soul of an individual to survive when it "falls in the matrix".

It also means that the ego is the smallest fractal of the Consciousness of the Source which, so that it cannot recognize itself any more in the Source, undergoes during the "Separation/ Fall", a complete magnetic depolarization.

At this moment, this fractal of Consciousness of the Source -the ego- will only be able to identify with matter, for the needs of the experience of embodiment and for the game of duality.



Wave and particle

In your 3rd density, a wave, may it be light, electricity, sound, magnetism or other, is a vibration / oscillation which crosses the ether. The ether corresponds to the space which exists between the densified, solid particles. This oscillatory movement which crosses the ether, appears to you as being strictly linear because it gives you the illusion that the particles of matter move from a point A towards a point B (as in the story of the mailman).

So, for example, when a person realizes then intensifies the intention to move, the movement of travel builds up itself at first by the projection of the person's etherical body through space / ether. The etherical body thus turns out to be the support of the consciousness / intention.



The etherical body represents a kind of magnetic support which allows the consciousness to be capable to manifest itself in the individual's past or future. The phenomenon of bilocation is based on this principle.

Whether it is the thought, the light, the sound and even an object, because of the very specific gravitational forces of your density, these are always in movement from a point to the other one, even if for you, they do not move.

It is thus a kind of illusion due to the influence of the terrestrial gravitation, which allows the waves to cross space-time to congeal in the form of particles (densify to take a materialized shape), from the very moment where you fix them through your specially adapted consciousness, to perceive only the 3rd density.

When you observe an object by means of your 3rd density of consciousness, you see an object thanks to the space which exists around it, because in this space the ether vibrates. The object in itself is only some ice-cold, coagulated ether "in balance", immobilized between the antimatter and the matter, because you look at it through your consciousness, that is by means of your beliefs / programs of 3rd density.

You believe to see an object in 3D (length- width- depth) but in practice, you see really only the height and the width. But your psyche grants the object a depth / a volume, because your consciousness learnt to recognize and identify the object. (In the same way as the child who learns at first to recognize the shape of a house, before being able to reconstruct approximately a replica with his game of Lego).

Actually you only perceive the "really visible" surfaces of the object, those which are in front of you. But it is your consciousness which translates the 2D vision into a vision of 3D.



Meaning that the reports / programs **encoded** in your consciousness project a certain "idea of the object" -its representation- in the quantum soup of your environment, to produce an image which your brain is capable of understanding and of accepting as a reality. It thus gets an existence, a shape, an image in your environment which results from all the dimensions (1,2,3,4,5,6,7,...) which are inhabited by the Spirit or Unified Field of Information or the Great Consciousness of the Universe...

It is thus necessary to understand that all the potential of reality which establish your everyday life of 3rd density, are possible scenario's produced by your own Unlimited Consciousness of 7th density. **It means that your Higher Self is the director of your life in 3rd density.** It will be the same in 4th density, but the rules of the game with which your consciousness will be confronted, will have changed.

The Consciousness of your Higher Self assembles all the existing realities, but the ego/mental oversees it and sort them out, separate them, to choose only the one which suits it. The individual travels on a wave of energy created by all the forms-thoughts of his Higher Self, and these forms-thoughts represent all of what exists!

What an individual sees in 3rd density does not thus correspond to the real nature of the Universe. But his belief in what he perceives, reflects only one possibility among uncountable ones which establish the Universe. (Like the multidimensional entities present in the bus in the story of Sand).

It is even a question, to embellish with images, of a reality transposed by the "perceptions of the ego", that is of what suits you, because it is in compliance with what you believe.

"Things are only real when we learn to accept their reality."
(Dixit Don Juan in "History of power" of Carlos Castaneda)

When you perceive your reality, you see an illusion comparable to the negative of a photo, because what you perceive as space is filled with ether, which is only a more or less dense soup of vibrations and particles moving erratically. The solid bodies, that is, objects, matter, are much "emptier" in reality than the ether which surrounds the object, because they are constituted by agglomerated, sorted out, orderly atoms and assembled by the consciousness which observes them. And it is because the consciousness observes it, hears it or feels it that the object or the thing materializes in "your world".

That is when the particles of matter which for example constitute the object, release photons which are packages / quanta of light radiation which your eyes can see, and which establish the wave of shape. Photons are "packages" of elementary energy of electromagnetic radiation, which are

exchanged during the absorption or during the emission of light by matter at the time of its realization, that is from the moment when you look at it.

Those among you who have already experienced the crossing of a dimensional window were thus able to notice that certain objects, animals or even people appear to them not under a dense shape, but under the aspect of holograms or semi ethereal forms.

So, in your 3rd density, you manage to see an object or a thing only because you observe it. The particles of matter which make up the object, release at this very moment a photon which your eyes "see".



For example, in the case of the kitten which had suddenly disappeared, there was a "dimensional collision" resulting from a 3rd parallel dimension where in the everyday life "of another Jenaël", the cat did not exist.

His unconscious thus chose to follow this new possibility coming suddenly to submerge his psyche, and which was materialized by his Higher Self through the Law of the multiple possibilities. The cat at this very moment was propelled in another reality, that is in another world and stopped existing in the eyes of Jenaël.

But what Jenaël did not make the link with, it is that a few days later, he separated himself from his partner!

Regarding the story of the motorist and the baker, a new possibility of future rushed into Jenaël's reality. A few days later, he decided to resign from his work!

In the story of the screwdriver, the psyche of Jenaël chose in an identical way, to hide the screwdriver which he "considered" as disappeared because there also, his psyche pursued its road on a parallel way. This time, the Higher Self of Jenaël, through his Being situated in 5th density, offered him "a present" the small plastic flower, to testify of his reality in superior densities.

Which also supposes, that on another reality of 3rd density, somebody -perhaps a girl who played with a plastic flower- found herself suddenly with a screwdriver in the hand!

This small presentation of very elementary quantum physics is valid only in 3rd density, that is in a world where particles coming from ether, oscillate slower than the speed of light and are subjected to gravitation.

The speed of light which determines and limits your perception of things, represents the border between the 3rd and the 4th density. It is necessary to know that there is something which "goes faster than light". It is the force field of gravitation.

The gravitation, which is also present on other planets, always supplants the speed of light. It implies that no particle of a world of 3rd dimension, can exceed the speed of light at the risk of being disintegrated except, if somebody or something succeeds in inverting the magnetic field.

It is exactly what is taking place for example during the physical abductions by Beings of the 4th densité who to this end, use an anti-magnetic and anti-gravitational technology.

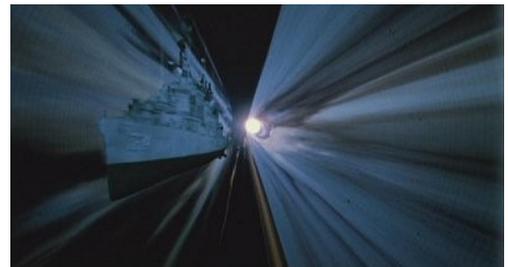
And it is also this kind of phenomenon of magnetic inversion, that will take place at the world level,

during the definitive reversal of the magnetic spin of the Earth and which will provoke the Ascension.

Thus to answer your question in a more precise way, at the time of the definitive shift of the poles, a kind of acceleration of your perceptions will occur because the matter around you, that is the universe of 3rd density which is customary to you, will merge by means of your senses and of your perceptions with the superior densities in which the other extensions of your Soul exist.

This phenomenon is comparable to death, when the consciousness of the individual, carried by his etherical body, crosses this kind of tunnel (described by those who experienced N.D.E).

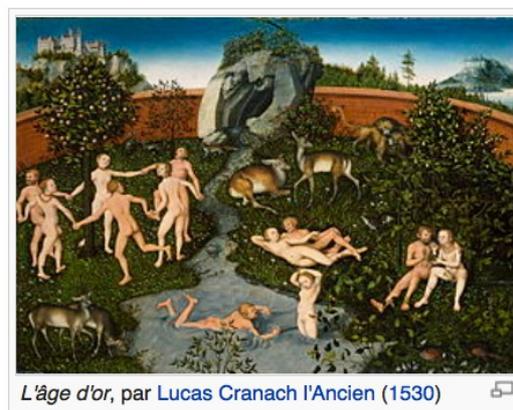
However, this time, the human body will also undergo the transfer of its atoms, that is its biology towards a new dimension of reality. This phenomenon of molecular transfer is a little bit comparable to the result of the experiment of Philadelphia in 1943 (only partially accomplished, because all the data were not yet understood at the time).



https://en.wikipedia.org/wiki/Philadelphia_Experiment
http://www.dinosoria.com/experience_philadelphie.htm¹

The molecular depolarization which will take place during the Transition, will not be artificially caused, but will be made "according to the rule book" by the natural phenomenon of the reversal of the terrestrial polarities.

Once out of the "tunnel", you will find yourselves in a 4th density of consciousness on Earth or somewhere else for those who got ready for it, or in a new cycle of reincarnation of 3rd density: The Golden Age beginning in the time of a kind of prehistory for the most resistant egos, or in other times (Cathar, Middle Ages, Renaissance... etc.), according to the unresolved karmic experiences.



¹ *The Philadelphia Experiment: Project Invisibility*, Paperback, 1995, from William Moore and Charles Berlitz.

As regards to the individuals who really freed themselves from their karmic process, as well as from the resistance of the ego and from fear (especially that of death), they will be brought to gather and to merge all the expressions of them remaining in railings of higher dimensions and densities. And it, not only within the holographic matrix of the Earth but also, on those being situated in higher vibrations corresponding to the Sirian, Pleiadean, Arcturian, Cassiopean or others... in which exist other physical parts of yourself, which through your linear perception time represent "a future". This radical change of perception will happen during the shift of the Earth magnetic field.

In 4th density, you will be capable of seeing all the realities which hide behind the same object, the same person or the same event. Which amounts to say that in 4th density your physical eyes, will have acquired the same capacities as your pineal, your 3rd eye, that is to see beyond the matter of 3rd density.

However, it is important right now to understand that some of you will not really make this trans-dimensional journey at this moment, because they are already embodied in 4th density of consciousness or even in superior dimensions.

Nevertheless, these agreed "to come down again" in 3rd density to work and accompany humanity in its transition. Some among them, do not yet remember having agreed to be cut from their capacities, because they were embodied with a 3rd density restrained consciousness. It is for example individuals coming from the lineage of the Planners of Life / Redeemers who work at the moment, embodied incognito in human bodies. They will not participate up to the end to the big Transition, because their unconscious "knows" that they will be "back" - that is "rehabilitated" in their multidimensional original vibratory frequency -by those of their galactic lineage, little before the final shift of the magnetic field of the Earth.

All the human beings will feel this final Transition because they will realize suddenly that they are in an environment which will at the same time be strange but also familiar.

To describe this phenomenon, compare it with the story of "Alice in Wonderland".

Alice, by crossing the den of the white rabbit finds herself in a New World, which seems familiar to her but unrecognizable and strange at the same time. This New World will turn out to be that of 4th density for some, or a new environment of 3rd density for others.

Passed on by Sand and Jenaël